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MAN'S
REVEALING HAND

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By

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"THE HAND AND DISEASE," "HAND READING MADE EASY,'
"THE HAND OF MAN"

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Figure 1

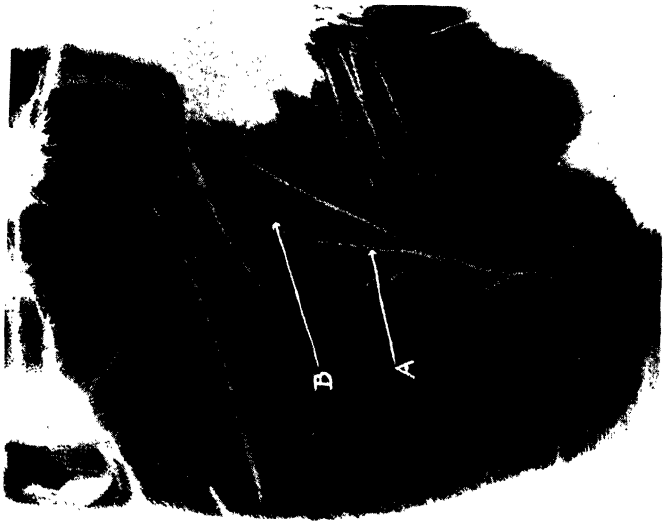


Figure 2

CASE 1

The photograph of imprint 2 is the left hand palm print of a man born of criminal parents and brought up in a vicious criminal atmosphere.

The Heart line is straight, indicating a mental or idealistic type of sexuality.

The Head line is also straight but rather short and it thins out very badly towards the end.

The Fate line, marked A, begins tied to the Life line, showing restriction in the early years. Leaving the Life line at twenty-four years of age an independent career is begun which finishes at twenty-eight. This is marked B.

Now note the right hand palm, the photograph of imprint 1. Remarkable changes have taken place. Brought up in a vicious criminal atmosphere all the brutal instincts have developed. Head and Heart lines have grown together to form one clean line across the palmar surface ; this always indicates enormous tenacity of purpose ; selfishness, on a bad hand like this, run riot. Such a man would be capable of doing anything to gain his own ends, these prints lack any indications of sensitivity or such restricting emotional traits. At twenty-eight years of age this man was convicted of murder.

Note that the Fate line dies out.

Figure 1

Figure 2

CASE 2

The photograph of imprint 2 is the left hand palmar surface of the imprint of a child's hand, age four years. Note the mass of very fine lines, indicating a highly strung nervous system. The beginnings of the Head and Life lines are very islanded, indicating a marked deficiency in the chemistry of the blood, preventing concentration.

The Heart line is also very islanded and full of minute indentations, betraying a "nervy" condition of the heart, indirectly due to the chemical deficiency of the blood.

The actual Life line is frail and thin, betraying a dangerous delicacy of constitution.

The large island marked A indicated, being in the left hand, an inherited tendency for some chest trouble. This would probably develop late in life, at about forty-five years of age.

Now observe the photograph of imprint 1, which is an imprint of the right palm.

Due to careful dieting and general medical attention, the blood condition has improved. The islands seen in the beginnings of the Life and Head lines in the left hand have faded, while the actual Head line has become very much clearer; proving the existence of a greater degree of concentrative ability.

The Life line itself is obviously stronger and clearer, the constitution is normal.

The Heart line is also better, the heart's action has been strengthened by the improved blood condition; as the general lining of the hand is clearer, not so confused in appearance, it is proof of an improved nerve condition.

The island A, indicating a bronchial predisposition, still persists. This child, when a man of forty odd years, will probably suffer from bad chest colds if not actual bronchitis.

CASE 3

CASE 3

This is the imprint of the right hand of a girl of twenty years of age. Note the mass of fine lines running all over the palmar surface. This alone betrays an extraordinarily sensitive nervous system; the type of nervous system that makes a person responsive to every emotional stimulus, whether sound, colour or suggestion.

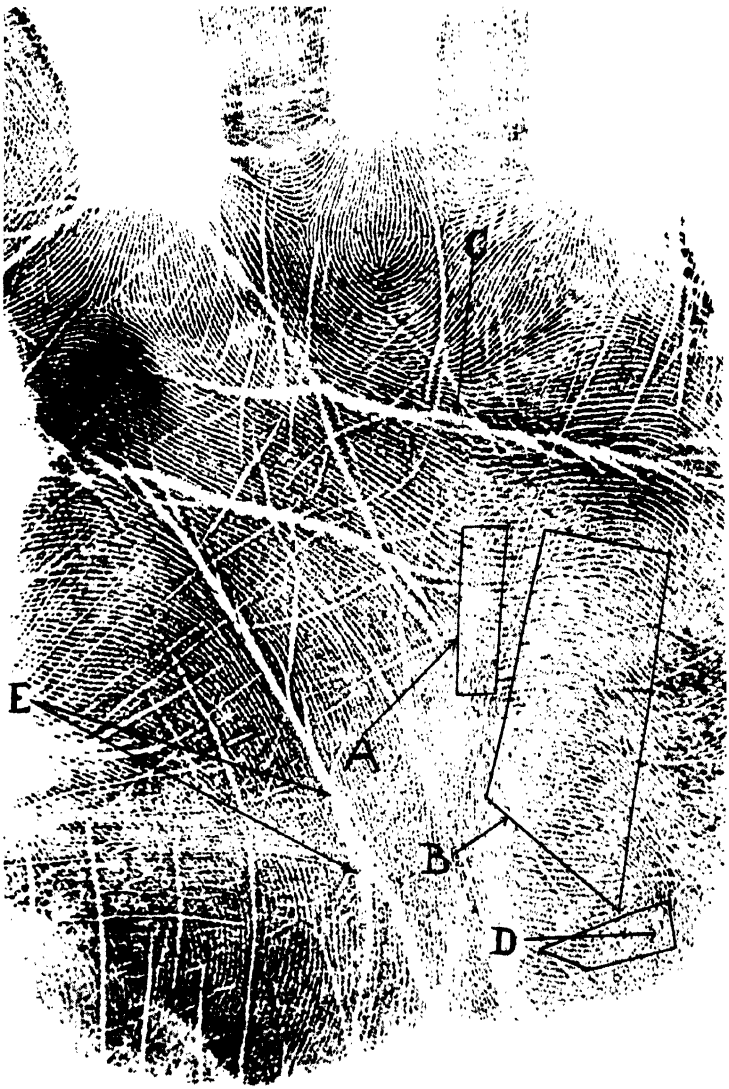
Note the Girdle of Venus, marked A, across the mounts of the hand at the bases of the fingers, this accentuates the nervous sensitivity betrayed by the actual lining of the hands.

The Head line, marked B, curves down to the outer edge of the hand by the wrist. This formation of the Head line betrays too high a degree of imagination, the danger of hallucination. Such an imaginative type of mind has little or no control over the emotions.

The Heart line, beginning as it does on the edge of the Mount of Jupiter, betrays a "mental" type of sexuality.

This girl is unable to concentrate, she has caused her parents great anxiety, she has no interest in anything. She will stand and dream or start to do something and suddenly leave that piece of work to start something else. She expressed her sexual tendencies by drawing numbers of indecent pictures; the act of drawing, the pictorial expression of her sexual urges, gave "mental" satisfaction, a satisfaction that was also, unconsciously, physical.

CASE 4



CASE 4

This is a photograph of the right hand imprint of a woman of forty-six years of age. The enclosed space A, shows the typical perpendicular markings, which indicate digestive sensitivity.

In the enclosed space B, observe the malformation of the ridge lines, the actual lines of the ridge pattern. These show an extensive intestinal infection, the toxins of which are affecting the general health very badly. This condition predisposes in this case to cancer. As the malformation of the ridge lines extends to the base of Luna, D, it indicates that there is an extension of the original intestinal infection to the uterus, producing an inflammatory condition of that organ, and causing discharge through the vagina.

The Life line at E, shows the characteristic fraying to be found when the vital force of the body becomes dangerously diminished or weakened, by the continued persistence of a toxic absorption due to a bacterial infection.

The island C, in the Heart line, indicates eye-strain.

This case not only calls for careful dieting, but for specialized medical treatment. I sent this woman to a specialist, who confirmed my diagnosis.

Man's Revealing Hand

INTRODUCTION

IT has been said that all knowledge must pass through three stages before its general acceptance: the first when it is said, "It is quite impossible and ridiculous, so contrary to all known facts"; the second stage when it is said, "Well it may be, you can never tell"; and lastly when everyone says, "We knew that all the time." From the very dawn of human intelligence Man has sought knowledge, a few merely for the sake of learning alone, the vast majority for the personal advantage they might gain. Progress has been based on the instinct of self-preservation; the instinct responsible for nations, for it did not take prehistoric man long to realize that there was greater security in large groups than in small isolated families.

Later, Man turned his attention to the world around him; he began to study the forces of nature and the laws that governed them; as he gained more and more knowledge he was able to apply this for his personal betterment. Almost one of the first things that early human beings learnt to do was to anticipate nature's whims. He very quickly learned that nature, in her own way, cast the shadow of her intentions. If certain berries were plentiful in the autumn he knew that the winter was to be a hard one;

food must be carefully stored and more fuel gathered. If the sun set with certain colourings, rain was to be expected next day—and so on. As this knowledge became greater and more comprehensive, he sought some means of finding signs of the God's intentions regarding himself; he sought a more personal knowledge as the mind developed. He offered sacrifices to the Gods, anxiously watching the rising smoke for the sign of its acceptance or its disastrous rejection. As Man climbed slowly out of his animal mental state, so did his means of seeking foreknowledge become more intelligent and more complicated.

The Chinese compiled *The Book of Changes* (Yi King), wherein is given the means of ascertaining the future by means of geometrical figures. This method of divination was practised as early as 3000 B.C. In the ancient civilization of Chaldea the stars were studied and a system of astrology created which has persisted to the present time. It has taken many thousands of years for the art of divination to pass its elementary stages; it has taken centuries for the necromancer to become a psychologist. Superstition still exists, but it is dying as knowledge grows. We are still familiar with tea-cup readings, cards and crystals.

The majority of human beings are really very credulous, or unreasoningly obstinate, and those who possess a glib tongue, a vivid imagination, plus some shrewdness, can still sit in a cardboard cave and earn a reasonably good living. It is doubtful if the harmless fun they generally provide is outweighed by the grave harm they sometimes do. The greasy gipsy or the suave 'professor' whose

English gives no clue to his 'professorial' status, must surely be guilty of a criminal ignorance when a nervous client is told that she will die in four years' time, probably a violent death. Or when some young girl is told that her life will be cut short by disease, particularly when such statements have no foundation in truth, even probable truth. In this way palmistry has earned for itself a very bad name. But its 'professors' must not grumble; they have only themselves to blame. So many who practise this science are completely ignorant of its real value and its fundamental scientific principles.

Men and women of all times have approached palmistry from entirely the wrong angle, seeking not the sure knowledge it can undoubtedly impart, but extorting from it a prophetic vision which is beyond its powers.

As a student of many years standing, it has been my experience that, wherever my profession has become known, the interest of the lay mind has centred itself almost invariably round such inquiries as: "When shall I get married?" "Shall I marry?" "Shall I be successful in life?" and that well-worn query: "Shall I have money left to me?" Commercial magnates tell us that they have won success by supplying a definite demand. In the same way, palmists have taken their knowledge to the best market and, some sincerely and some otherwise, have told fortunes from the lines of the hand. Disregarding any scientific value of this study, such as its psychological importance or its vital indications of health, they have been mainly concerned with the making of 'easy money.' Thus

has this science acquired a very bad reputation. If any science or art is to serve any useful purpose, its exponents must be honest. A dishonest doctor is no good; if you are ill you at least expect the medical man you consult to express an honest opinion as to your condition. That is what he is paid for—to tell you what is wrong with you, and to cure you if he can. If you study the markings of the hand you must be honest in your expressed opinions, and if you are unable to answer a question, be honest and say that you cannot answer. If you see signs of a definite psychological defect which by its development may endanger the material prospects of your client's life, then it is your duty to warn him.

After you have studied this subject very carefully and have really mastered its principles, you will be very wise to disregard any temptation to appear mysterious, to give the impression of some mysterious or occult power; explain, to those who seek such knowledge, the logical scientific facts of hand reading. After all it is so very easy to hide vast ignorance under the cloak of an occult inner knowledge.

There is nothing mysterious or occult about hands and their markings. There may be many things which we do not yet know about hands, but then there is so much we do not know about a great many other things.

To the reader of this book who would become a serious student of the human hand I would say: "Have patience, learn slowly and never jump at conclusions." As you progress with your studies you will find many things which are *apparent contradictions*, but as you gradually master the

deductive principles of hand reading you will find that these contradictions are only apparent, and are not contradictions in actual fact. The more hands that you examine, the more impressed will you become with the necessity of disregarding personal appearances, dress and other factors such as mannerisms and small individual idiosyncrasies. These might quite easily mislead you. Truly are appearances very deceptive.

There are no two people exactly alike, nor are there two hands the same, nor two lives the same. And it has been established that there is a complicated interaction of mind and matter; mind, unconsciously, moulds matter so that the material form of man becomes symbolic of the creating mind. While this is true of every part of the body, it is particularly true of the hand. The sense of touch being the most highly developed of human senses, it stands to reason that the organ constantly used in this sense must bear very sensitive reactive nerves.

The actual physiological processes involved in the production of the hand and its markings are too complicated to explain fully here, nor would such explanations be of much help to the student of hand reading. Briefly, it is a matter of complex nerve, mental and physiological reactions. Emotional impulses, created by personal thought processes or individual reactions to external happenings, cause the contraction or expansion of nerve endings in the palmar surface. The superabundance, or the deficiency of various chemical substances, effect the skin formation in the hand; by this means it is quite easy to make accurate diagnosis of health tendencies or to detect the existence of actual disease.

The hands are individual symbols that are never reproduced in any exact similarity. The physical result of this extremely complex combination of widely divergent forces is a chart of your life. That is, a chart in its literal sense, not in the sense of showing every event or happening that you may experience or encounter in the course of threescore years and ten. In this automatically created mass of lines there are given the indications of hidden reefs upon which we might become wrecks, the strength and direction of those currents which, unless recognized and allowed for, may result in a serious drifting from our course. This new science of hand reading is a new, and personal, science of navigation —the navigation of life.

If you accept the doctrine of predestination, then I advise you not to bother to study hands, nor would it be wise for you to dabble with any of the more mystic and less reliable sources of foreknowledge; it might all prove to be a very unpleasant waste of time.

Having examined several hundreds of thousands of human hands and their owners' intimate lives, I have been impressed with the high degree of free-will that has existed in the majority of these cases. I have found that so very often failure or difficulties have been produced by the unconscious operation of definite psychological defects well within the power of the individual to have altered, or at least, to have modified. But very few human beings are either intelligent enough, or strong enough, to deliberately and consciously to steer an individual set course towards one ambitious goal. There are really very few human lives that are entirely beyond individual personal control or in which, the effects

of apparently uncontrollable events, cannot be definitely influenced. In so many these apparently unalterable destinies which have come under my personal notice, the individuals concerned have suffered pain and tragedy in the fulfilment of a destiny created by their own weakness, a destiny which they had neither the will nor the strength to avoid. The lives and hands of many habitual criminals are typical examples. In so many of the criminal hands that I have examined I have found that the inherited tendencies for evil, developing in an evil environment, have produced inevitable events that have been unavoidably tragic. The real tragedy of the criminal is prison; crime, the crime of the habitual criminal, is a form of disease. The result of unbalanced psychological factors, the results of which must be admitted as approaching a type of insanity. Many criminals, as their hands prove, are more subjects for medical attention than the punishment of seclusion. Prison can never cure a mental condition that can rightly be described as diseased.

One of the chief values of hand reading is the ability by this means to detect those psychological defects that are conducive to failure and those which are assets in one's striving for success. The hand indicates the degree of suitability for various occupations, and the selection of a career for which one is suited is the very first step towards success.

Another great value of hand reading is in the ability to detect disease, existent or developing. It is a proved and accepted fact that nearly all the major diseases afflicting humanity take many years to develop to any serious proportions, and that in so

many of these cases pain, as a warning of the growing danger, is useless. The markings of the hand are affected by chemical alterations, therefore it is logical to assume that there must be signs of disease, or the existence of conditions conducive to their development, in the human hand. Many years of careful research have proved this to be true beyond all dispute. In so many cases the advent of symptoms diagnosable by more orthodox methods means, owing to the more advanced state of disease, that a cure is a matter of great difficulty, often a matter of impossibility.

I admit that these are weighty claims to make. I never anticipate that during my life they will ever be seriously considered by orthodox medicine. That is a very unimportant point.

The thing that really matters is this: anyone with patience and an average intelligence can learn to read hands well enough and accurately enough for this study to be of practical value in finding the solutions to so many of life's everyday problems. But if you would really get anything worth while out of hand reading, then you must approach it seriously and in the right spirit. You must start your studies with an open mind.

CHAPTER I

THE STARS AND YOUR HAND

THIS study of hands, known as palmistry, was born of the ancient science of astrology. Astrology is a very vast and a very complicated subject. It takes many years to master its principles and to acquire any exact ability to read the astrological chart when erected. This science is perhaps the oldest of all the sciences of divination. Astrology, like palmistry, has been regarded as an occult science; these studies are in no way occult; they both depend on understandable factors. We are beginning to realize that the stars and planets radiate vibrations which do affect human activities. We know that the Moon has a definite influence over the tides; that it also influences certain forms of insanity. The life of this planet Earth is dependent on the Sun; without the Sun all life must cease. The ancients were very wise in their ignorance when they worshipped Leo, the Sun, as the God of the Heavens and the Lord of Life. It is a very popular practice to label any subject that is not explainable in terms of common material knowledge, occult. If that were really true, then we would have found that all knowledge must have some element of the occult in or about it; but this is not so; you do not dream of applying this term to such subjects as bacteriology. In its general sense this is quite explainable in terms

of common understandable knowledge. Yet, as every scientist knows, there are many mysteries that are quite unexplainable in any terms; true, these are known only to the few who understand bacteriology, but its basic facts are mundane and material.

We could, with more justification, term the activities and the study of ultra-violet light occult. It is never done. The reason is simple; we are able, by means of instruments of our own creating, to produce these rays; our knowledge enables us to apparently control their activities. We are just beginning to realize that this word 'occult' is a very stupid word; it is a word synonymous with ignorance, and will gradually fall into complete disuse.

While there are so many forces exerting definite influence over our lives, affecting our activities and our health, they are not new. Nothing is new; it has all existed from the beginning of Time. We are apt to become confused with the changing forms of mundane expression; the complex materially observable reactions bewilder us. The herb growing on sandy soil may, when grown in clay soil, produce other characteristics and mislead us into the belief that we have discovered a new plant. Sir James Jeans, in his wonderful book, *The Mysterious Universe*, speaking of the radiation detected by McLennan and others, says: "We now know that a large part of this radiation, generally described as 'cosmic radiation,' has its origin in outer space. It falls on the earth in large quantities, and its powers of destruction are immense. Every second it breaks up about twenty atoms in every cubic inch of our atmosphere, and millions of atoms in each of our bodies. It has been suggested that this radiation, falling on germ-plasm,

may produce the spasmodic biological variations which the modern theory of evolution demands; it may have been cosmic radiation that turned monkeys into men."

This activity of cosmic radiation has persisted through all time; the effect of planetary radiation on human life has been going on all the time—or else it has never existed. Thus, slowly but very surely, the beliefs and sciences of the ancients, which were mainly intuitive, are being included in, and proved by, the exact sciences of modern civilization.

The wisdom of the ancients has spread very slowly, but even more slowly has been the proving, or the disproving, of their wisdom. The knowledge of the wise men of the East was only open to those of royal blood; today the wisdom of all the wise men of the world is within reach of the humblest artisan.

The ancients observed that those who were born under certain planetary influences were strongly endowed with certain definite characteristics. By the slow process of observation, hindered by lack of scientific instruments and making many errors, they built up a system of planetary interpretation, called astrology, that has persisted through the ages. In common with all other sciences it has suffered many vicissitudes. Its professors have been alternately maligned and honoured. Filled, as the heavens are, with millions of stars and planets, this study of the stars in relation to human destiny is most complex. In spite of the thousands of years it has been studied, it is still in its elementary stages. It is doubtful if this pretraditional science can be of more than passing value to human progress at the moment. Most certainly it is quite impossible

to generalize on a subject so vast and complicated having, as it must, such intricate individual effects.

Take, for example, twins. Two beings born in the same latitude and longitude and within, perhaps, so short a time as two minutes of each other. Surely, as their lives will prove, they must each have different characters, different sets of events to encounter in the course of the two lives and probably entirely different endings. If, then, these horoscopes are to be accurately cast and read, it will entail an enormous amount of detailed calculation. This is true. No one can, with detailed accuracy, cast any horoscope without making most careful calculations which may cover weeks of work.

After this is all done, and done with the greatest care, error may still exist; due, perhaps, to no fault of the astrologer, but to the lack of knowledge. The heavens are so vast; they house so many bodies whose effects on human life we do not yet understand. You may be wondering how all this can be of any interest to the student of the hand? It is all very important. Remember that palmistry was born of astrology. The ancients, seeking more and more knowledge, found that certain signs and planets governed various organs and limbs of the human body; for example, Aries is said to govern the Head, Leo the Heart, etc. Finding that certain formations and types of developments of lines in the hand or fingers were consistently found with certain powerful planetary characteristics or configurations of the astrological chart, it was natural that they should give astrological names to these particular palmistic formations.

For example, the first finger is known as the finger of Jupiter. The native of Jupiter is dignified, just and good, inclined to be religious. This planet is the symbol of wisdom and is the largest planet of our solar system; it therefore exerts a very powerful influence over man and everything appertaining to his existence. Martin Luther, born under the dominance of this planet, was strong enough and wise enough to destroy the power that had swayed Europe for twelve centuries, reforming the religious principles of the whole civilized world.

It will always be found that people who possess a very long first finger are of the religious type; they are proud and dignified, just and kindly, with a tendency to be dogmatic.

As with astrology, so with palmistry, there are many combinations and many complexities. At first these may tend to bewilder the student, but practice will enable you to fit these apparent contradictions together, extracting from them a perfect analysis of characteristic traits and tendencies that will be of the utmost value to the individual who may ask your advice or opinion.

Where this first finger is long, that is as long as the second, it is an indication of strong Jupiterian qualities. These people are ambitious, and while they are strongly religious they may hold all shades of opinions from rigid orthodoxy to a dangerously questioning scepticism. These long first fingers betray strength; there is nothing weak or mean about this type; whether they are saint or sinner, they are strong and self-confident. They depend on themselves and never readily ask or accept advice. They are very ambitious, and ambition, the strong desire

or will to succeed, is the very essence of success, therefore they are generally successful people.

As with all types and indications, there are weaknesses. The weakness of the Jupiterian is vanity; there is danger of these people becoming too self-confident, blustering and loud-voiced.

You can quite easily determine which indication dominates the individual by observing the relative lengths of the fingers. If this Jupiter finger is as long as the second, the finger of Saturn, it indicates a great desire for power. If it should be longer than the second finger, it then betrays the tyrant, the blindly obstinate person whose one idea is the domination of others. If this finger is shorter than the first joint of the second finger, it proves that there is a deficiency of Jupiterian qualities; there will be a lacking of self-confidence and self-esteem. If the finger is smooth, then this betrays a tendency for abstruse or religious subjects, a leaning towards the mystical. Where the finger is waisted and the joints knotty, it is an indication of a logical questioning mind. While the subject may still be very religious, he is religious from a rational, logical point of view. Inclined to be distrustful and questioning of all things. His philosophical beliefs will be based on observation and experience rather than on any early acquired teachings or inspirational beliefs. These long-fingered Jupiterians always try to guide their lives by reason and logic; they think things out for themselves. Very few Jupiterians commit suicide, for the simple reason that suicide is an unreasonable thing to do.

The planet Jupiter is said to govern the lungs, the liver, the veins and the blood. These people

should be advised always to keep the liver active and waste substances must be freely eliminated.

The second finger is known as the finger of Saturn. This planet gives a seriousness, an innate thoughtfulness to the whole character. Many self-made men and women are born under the influence of this planet, for the developed Saturnian is always economical, thrifty and has a natural dislike of waste and extravagance.

Where this second finger is very long, it indicates strong Saturnian qualities. If it is not only long but waisted as well, the joints being very well developed, it then indicates an accentuation of the main qualities of Saturn. These people are very thoughtful; they love mysteries for the joy of seeking for their solution. Many scientists are Saturnians. These people are very cautious; inclined to be suspicious, they do not readily trust their fellows. These very long second fingered people do not rush into marriage; they never take chances.

If this second finger is so long that it overshadows all the other fingers, it indicates that the Saturnian qualities predominate; the hand is unbalanced, and the gloomy, prudent qualities rule every action and every thought. These people are not only saving, they are more; they are stingy and miserly—even avaricious. A very long second finger indicates a solitary type of person; so distrustful and suspicious are they, that they instinctively shun human companionship.

If this finger is very short, then it indicates a deficiency of all the above qualities and tendencies.

There is always a tendency in the Saturnian for adverse blood conditions to develop; particularly

as these people are liable to suffer from acidity and rheumatic conditions.

The third finger is the finger of Apollo. A very different type of person to the Saturnian. The Apollonian is healthy, vigorous, happy and attractive. He has an instinctive appreciation of the beautiful; he loves colour and life; he has no time for the dark and gloomy; he is the born optimist.

Where this finger is very long, as long as the second, it indicates a bright, healthy type of mind. The mind that takes pleasure gaily, is careful over dress and always likes to 'look nice.' While this is the artistic finger, it does not mean that the Apollonian is an artist just because he has a long third finger. Very often you will find that these people, although artistically appreciative, lack in any sort of creative ability. The degree of creative ability does depend on other formations in the hand which will be discussed later.

These Apollonians are very intuitive; they instinctively 'know'; their impressions are very vivid and often uncannily correct. For all their light-heartedness they are very difficult people to deceive. These people are very entertaining; they love to talk and, as a rule, they can talk well. The Apollonian, in opposition to the Saturnian, loves the company of the opposite sex.

The main defect of this long third finger is its great sensitivity. These people are inclined, at times, to be vain; they are also very sensitive and so are very easily hurt; they fear snubs and any adverse criticisms.

Where the finger is spatulate at its termination, it is a sure sign of histrionic ability; this is the finger

of the actor. The dramatic instinct is very strong, and these people, even though they may never tread a stage, act instinctively. Notice them in the drawing-room; they act and pose unconsciously. They are inclined to dramatize their lives.

If this finger is very short, it indicates a deficiency of all the indications and tendencies given above. Short third fingers betray a lack of any artistic appreciation and accentuates the indications of Saturn.

A long Apollo finger always indicates a predisposition for some heart weakness.

The fourth or little finger is known as the finger of Mercury. Like the substance Mercury, the predominant quality is quickness, sensitivity and a consequent responsiveness. These people are instinctively active; they can never find happiness in idleness; they must always be up and doing. Owing to the intense activity of their nature, they do require more sleep and fresh air than all others.

The pure Mercurian has a very long, well-shaped little finger, and in its best aspect this betrays a leaning towards science or the law. These people have ability as orators, scientists, physicians or as lawyers. Badly aspected, they can become sneak thieves, crooks and bigamists. Mercurians are well able to express fluently their thoughts and ideas; they can become excellent writers. A long little finger always betrays a witty mind; these people are very rarely lost for an answer. They are very shrewd and intuitive, rather fond of money, and if they are morally unstable they have no conscience. All the humbugs of life have well-developed Mercury fingers.

Where this finger is crooked, that is slightly bent inwards, it indicates shrewdness; but if it is really crooked to the point of being distorted, it indicates shrewdness developed to the point of knavery. They are instinctive liars and are very selfish.

There is often danger of some nervous disease with these people, and you should, when examining the palmar surface of the hand, note very carefully the actual condition of the nervous system and the formation of the Head line.

It is a definite set rule that long fingers are the more thoughtful, and if they are also waisted, then the predisposition for thought is accentuated.

Where the fingers are short, it is an indication of quickness. Should these fingers be also waisted, then while they are quick they are thoughtful.

Every movement, every gesture of the hand has some meaning. We may disguise our real thoughts by control of facial expression; we can further disguise our character by make-up, by dress and by conscious or unconscious acting. We can, by these means, mislead people. But in our everyday lives our thoughts and intentions are, when translated into movement or speech, betrayed despite ourselves. If my intentions are dishonest I may, if I am clever enough, be able to present a perfect picture of honesty, and in cleverly and deliberately acting the part of an honest man, deceive the unobservant.

Dress and act as you may; nothing can disguise or alter the size, texture or markings of your hands. These will, to those who can read hands, surely betray your honest intent or your falseness. The very way in which people hold or use their hands betray the fundamental traits of character.

The man who walks with his hands tightly clenched is the man who has a set purpose, the man who is determined. Very different to the man who walks with his hands hanging loose, the fingers spread and dangling; this betrays uncertainty, the man who is possessed of some fear and who is very undecided. In painting the portrait of the immortal Uriah Heep, Dickens proved both his power of detailed observation and its exactitude. Uriah Heep always came forward "washing his hands with invisible soap," the automatic gesture which betrayed his slippery, tricky nature and its entire untrustworthiness. The people who hold their hands clasped lightly in front of them are calm and placid. The man who sits with his hands lightly clasped across his stomach, one hand resting over the other, both palms downwards, is calm, critical and quietly determined; he is watchful and shrewd, but generally very just.

Hands that tremble slightly do not always betray actual fear; this may be due to some nervous condition, due to some ill health; but where the hands are restless, the fingers fiddling with first one thing, then another, betray a nervous fear.

The man who instinctively hides his hands, keeping them either in his pockets or folded in his coat, has something to hide; this is the unconscious gesture of fear, the fear of being found out.

There is an almost endless identification of purpose in gesticulation as there is a definite psychological interpretation to every gesture and every movement of the hands. As you study hands so will your powers of observation increase, and in time these postures and gestures will be instinctively understood and 'read.'

When making your preliminary observations of a hand, you should note the texture of the skin. A soft, fine texture belongs to the 'mental' type of person, that is, the person who lives a mental life. It does not follow that this mental life is an intelligent one; a finely textured skin does not prove intelligence. The man who earns his daily bread in a literary sphere will probably have very soft, finely textured skin on his hands; but so will the social butterfly. The woman who lives for distraction and gaiety, who is vain and stupid, even as the silly creature who spends her time reading one stupid romantic novel after another, lives a mental life borrowed from a printed page, will have the finely textured skin found on the hands of the man who spends his life in diagnosing and curing disease. Both live mentally, but there is a vast difference in the type and the qualities of the mental activities.

There is the medium texture of the skin, the texture that is firm but not hard nor leathery; it could not be described as fine, and yet it is by no means coarse. This betrays the more active mental type, the people who can use their hands as well as their brains. The type of person who, when he uses his hands it is to create things which require skill and intelligence in their making, even a specialized knowledge. You will often find this medium texture of skin on the hands of wireless enthusiasts who make their own sets, scientific instrument makers and model makers, etc.

The third type is definitely coarse and hard in its texture. This coarse-textured skin does not belong necessarily to the manual worker. The navvy mending your roads may live a mental life; he may

spend his spare time reading Socrates; his road mending may merely be the result of bad luck and a sign of civilization's stupidity in allowing this wastage of brain power. This coarse texture of the skin must not be confused with the hardening of the skin due to manual labour. It is true that you will often find the road mender possessing a coarse skin as well as a hardened one, but this is by no means a rule, there are too many exceptions.

Coarse-textured skin reveals a personality that, whatever the standard of education, whatever the social position, is lacking in refinement or delicacy. Whatever the other indications of the hands, coarse-textured skin tends to animalize them.

The skin's texture betrays the basic quality of the character.

You must also note the actual shape of the hand in its general appearance; if, for example, the hand is narrow and thin, it is a sure sign of a rather restricted mental outlook. These narrow-handed people are much more selfish than is the case with the broad-handed ones; they will persistently and often unconsciously view things from a very personal point of view. As a general rule these people are not nearly so physically active as the broad-handed type; they are very apt to dream their time away. They can be very inquisitive, particularly if the fingers are long, thin and slightly waisted. They certainly lack creative ability.

The broad hands are the hands of the active people, the people who 'get things done,' and where there is a definite outward curving of the edge of the hand beneath the little finger, which of course gives breadth to the hand, it is a sign of creative ability.

The actual type of creative power is dependent on the indications of the Head line and the fingers as well as the power of concentration. These broad-handed people are not nearly so selfish; they possess a human warmth and sympathetic understanding which is instinctive and which does evoke responsiveness of feeling and sympathy in others.

Another important point is the degree of flexibility. Is the hand stiff and unbending or does it bend, naturally, backwards? If the hand bends back easily and naturally, it proves adaptability. It is a sign that the subjects can adapt themselves quite easily and quite naturally to new environments and modes of life. These flexible-handed people make charming friends.

The hands that are stiff and straight, without any signs of flexibility, betray a stiff, unadaptable mind. If the hands are naturally cramped inwards, with a stiffness which will not permit them to be opened easily and freely, it indicates a nature that is close, secretive and often miserly. These cramped hands can never give freely either of mental or material things; they are suspicious and mean.

The finger-nails can give a great deal of information, particularly concerning health predispositions. The nail of the human hand is really the modification of a claw; in low types of human beings it is still used as a weapon of defence and offence. Prehistoric man had nails that were long, sharp and very strong, but with the growth of intelligence and the invention of spears and other and more effective weapons, the nails gradually assumed a degenerate form. The human nail is composed of minute hair-like fibres, closely knit together to form a compact

horny mass. My researches have proved that this fibrous, horny growth is very quickly affected by any chemical conditions of the body that are adverse to health. Too much acid will produce a definite brittleness of the nail, lack of normal vital nervous energy will produce a fluting of the nail, and if there is any nervous depletion, white flecks or spots will appear. Healthy human nails should be smooth, free from any ridging or fluting, white flecks or minute indentations, and should be moderately pliable.

There are only two rules that have any psychological importance where the nails are concerned. Short nails indicate a critical type of mind; if they are also broad it betrays a pugnacious disposition. Where the nail is narrow and thin, it indicates a more thoughtful and more artistic type of mind.

Perhaps the most important member of the hand is the thumb. Certainly this is the most psychologically important member, for by its size and shape it betrays the degree of will-power inherited or developed. It is a definite rule that small thumbs indicate weak will-power. On the hands of idiots and mental deficients the thumb is always small and mis-shapen. Without the thumb we have no control over anything, either ourselves or our lives, for the thumb is produced by Will. Large thumbs betray a practical logical trend of will; small thumbs belong more to the impulsive, weak, romantic creatures.

There are two types of thumb—the straight, firm thumb and the supple, backward-bending type. The straighter the thumb, the more determined the individual, the greater the will-power. The more a thumb bends back away from the hand, the greater the degree of impulsiveness.

If the top joint of the thumb is heavy and thick, then it indicates determination; and even if this is found on a supple thumb it still indicates a strong will-power, but it is tempered with impulsiveness and the 'directional determination' is weakened very considerably by the impulsiveness of the subject. These people are 'impulsively determined.'

When you consider the indications of the other formations of the hand, particularly the type of Head or Heart lines, you must bear in mind the significance of the thumb. A good Head line can be weakened very considerably by a bad thumb or a weak Head may be strengthened by a good thumb.

If you are interested in the relationship that may exist between planetary influences and the hand, the effect of the stars on human life and destiny, you will find it quite intriguing to note the comparative similarity of the astrological indications and those more exact and individual indications given by the markings of the hand. I have devoted a space to indications of the twelve ruling signs under the heading, "Experimental Astrological Observations." But first you must be able to 'read' the signs and markings of the hand.

CHAPTER II

SUCCESS OR FAILURE?

WE must bear in mind the fact that success is one of the most relative things or states in the whole world. When we say that any person is very successful, without any qualifying statement as to any particular success, we really mean that that person has apparently attained a certain social status, certain amounts of money and worldly possessions which we desire and with which we imagine we should be happy. We cannot state with definite exactitude that any individual is successful. We are only able to gauge our own success. So that what we really imply by the use of this word is the fulfilment of personal ambition. No two people have the same ambitions. Therefore, it amounts to this. We are utterly unable to define the meaning of this word in any general way; it can only be defined with exactitude in individual cases. Individual definition entails a very careful analytical dissection of psychological factors. As one of the most common questions that you will be asked is, "Will I be successful?", this matter is very important. Before you can possibly answer such a query you must ascertain not only the abilities which your subject may possess but also the type and degree of emotional make-up. And last, but not least, the ambitions of the individual.

If he (or she) should desire wealth, how are they equipped psychologically for the accumulation of wealth? If the ambition is either to serve self or humanity, what are the tools, the individual tools of service, inherited or acquired?

If your idea of success is to possess affection, what affection have you to give in exchange? It has often been quoted in jest that, " you must always pay for what you have," and it is true. There is a price for everything, and equally true is it that money does not buy everything. There are many types of coinage.

You will, in the course of your practical studies, meet many failures and you will be faced with the question, " Why have I failed? ". In your search for the keys of individual success you are employing the same processes that will discover the causes of failure. Failure to realize ambition, to attain success, is so often due to lack of psychological balance.

This matter of success or failure is not nearly such a simple thing as it appears to be. There are extraneous factors which affect and complicate matters. The inherited abilities may have been distorted and rendered useless by restrictive early training. A career may have been selected for which the individual had no aptitude. Careers are often selected for any and every reason except the individual fitness for that particular career or work. Environment may be unsuitable for individual development or may foster the development of undesirable traits of character. There are the thousand and one accidents of life which affect this matter of success or failure but, complicated as the pattern of individual

life may be, the pattern and the manner of its weaving can be discovered and its threads unravelled.

The man who spends his day wresting a precarious living from the soil to spend a leisure hour with a pint of beer he can ill-afford may be just as happy, just as successful as the man who rides to his office in a Rolls Royce and who spends his leisure in a diversity of expensive distractions. The man who holds high office, has all the worldly possessions that the human heart can desire, may be a miserable failure.

This matter of success or failure is so intimate and so individual a thing that only the markings of the hand can give the answer, can offer the solution or can point the way to desired success.

If hand reading is to be of any practical value in the attainment of success or in the avoidance of failure, we must disregard all popular conceptions of palmistry, and must take the unusual course of considering psychological factors as the fundamental basis of success in relation to environment.

The popular conception of the usefulness of hand reading is that the Fate line will betray the events and circumstances that we must inevitably encounter and experience. As illogical and erroneous as this conception is, it has caused a great deal of confusion and misunderstanding.

It is far more important to know that the shape of your fingers in conjunction with the formation of the Head line befits you for a mental occupation of a detailed character than to know that, according to the formation of your Fate line, you will marry a wealthy woman. Scientifically such an indication may be merely the reflection of a subconscious desire born of an inherent laziness.

There is no doubt whatsoever that character is the golden key of life, that if predestination exists, its hiding-place is in the soul. No human being allows the naked soul to be seen. It is far more indecent than the exposure of the body, and far more likely to shock, for all bodies are much the same and there are very slight variations in their contours, but souls do differ so widely.

It would spell disaster for you to go through an ordinary day being your honest self; that is to live for one day expressing, quite uncensored, your inmost thoughts and desires. Conventional necessity has therefore trained us to wear masks. We are all, unconsciously, most excellent actors and actresses, except on those few occasions when the unconscious censorship is disturbed or paralysed by shock or excessive emotion, or when it is drugged with alcohol, and even in a drunken man this unconscious censorship is still operative, although it may not be so strict.

So when we look at the world with its diversity of activities, which we call Life, and we would attain success, all the data that betrays types of psychological make-up is to be examined carefully and analytically, every factor must be taken into consideration, and examining the tell-tale lines of the hand you must be patient and you must not jump to conclusions.

I impress upon the student the need to remember never to take one indication alone, but to consider that indication and the fact it betrays merely as part of a whole. Alone it is of little value; its true value is in relation to *all* the other factors.

For example, we will take the indications of emotional sensitivity. This of itself is comparatively unimportant except to tell us to what extent and

degree the subject is emotionally sensitive; but when we consider the indications of the Head line and the thumb, the degree and strength of will-power, then we are able to state the advantage or disadvantage, the importance or unimportance, of emotional sensitivity in that particular case.

It will answer, when considered in its relationships to other indications, the question "Am I too sensitive?", as then it will be possible to determine to what extent emotional sensitivity is subservient to the control of reason, or to what extent reason is weakened by emotional sensitivity.

One of the first things to consider is the Life line. This line, as in Illustration 1, A, begins between the thumb and first finger and runs round the base of the thumb to the wrist, betrays the vital impulses of the individual, the strength and degree of the dynamic energizing force of the body, and if the Life line sweeps well out on to the palmar surface making the area enclosed at the base of the thumb, which is known as the Mount of Venus, broad, it betrays an active and energetically vital type of person.

Where this line normally slants down to the wrist, or is marked as a very restricted curve making the Mount of Venus narrow, it is an indication of a limited vital energy with a lack of warmth. These people are colder and more self-centred. The secret of this 'coldness' is probably the unconscious knowledge of a limited vital energy producing a protective selfishness.

Where the Life line is a clear thin line, free of all islands, breaks or tassellations, it is an indication of a fairly even flow of vital force which predisposes to general good health.

Where the Life line is very broad and deep, untouched by any other line crossing or approaching it, but sweeping through a clear field well down to the wrist, it betrays a very strong energizing vitality

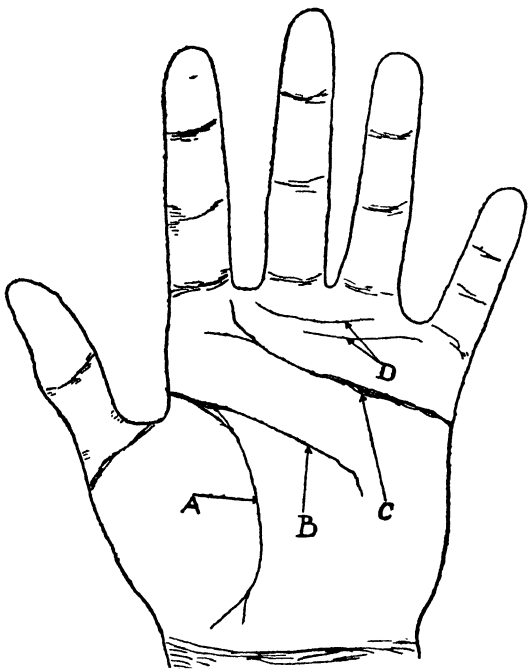


FIG. 1

that is definitely animal in quality and type; that is, the type of energy which animates the physical rather than the mental.

The finer type of Life line, particularly where the line is touched or crossed by other lines coming from the Mount of Venus, is an indication of a more mental type of vitality.

Where a Life line is very islanded it indicates some delicacy of constitution and a probable deficiency in the chemical content of the blood, the actual cause of which will be betrayed by other formations and marks which we will deal with later.

The Head line, Illustration 1, B, is the line which, when taken in conjunction with the shape and formations of the fingers, betrays the type of mind that you possess; and it is one of the definite rules of hand reading that the straighter the Head line, the greater the calculative ability of the subject, while the greater the downward curve, the greater the degree of imagination.

The best type of Head line is shown in Illustration 1, B, beginning between the thumb and first finger, lightly touching the beginning of the Life line, which indicates an element of cautiousness and restraint, the line running out across the palm in a gentle downward curve to end in an even forked formation, the upper branch of this fork tending to bend upwards, which indicates a practical, calculative thrifty tendency of the mind, while the lower downward curved branch of the fork betrays the more romantic imaginative tendencies of the mind. If these two forks are equal in length it is a sure sign of a balanced judgement.

If the Head line is tied tightly to the Life line at its commencement, it indicates an over-developed cautiousness, and should it commence actually on the inside of the Life line it betrays cautiousness developed to the point of timidity, and you will always find in such hands a rather unsatisfactory type of Fate line for the simple reason that this timidity must tend to hamper and inhibit the

activities and efforts of the individual, and this will therefore result in an unsatisfactory material reflection, or expression of ability.

Where the Head line is islanded it is an indication of a lacking of concentrative ability produced, probably, by malnutrition of the brain, the fundamental cause of which is generally a chemical deficiency of the blood.

If there are very minute islands in the Head line, or instead of the Head line being joined to the Life line at the beginning there exists a wide space between them, it is an indication of rashness, an impetuosity developed to the point of preventing prolonged calculative contemplation.

Bearing in mind the interrelation of all indications, this impetuous tendency would be accentuated if the hand also bore the supple type of thumb.

The Heart line, Illustration 1, C, can begin at the base of the first and second fingers, or below the Mount of Saturn, which is the base of the second finger, and it runs to the outer edge of the hand beneath the little finger. This line indicates the type and, taken in conjunction with the thumb and Head line, the strength of the affections; which is, scientifically, the type and strength of sexual urges.

The very long, straight Heart line, which begins actually on the Mount of Jupiter, indicates an idealistic type of affection, which may be often merely fascination.

Where the Heart line begins between the first and second fingers and sweeps in a deep curve to the outer edge of the hand, it indicates a strong, sincere type of affection, a generous and sympathetic nature. But this type of affection is subject to sudden

emotional changes when there exists the horizontal semi-circular line across the bases of the fingers, which is known as the Girdle of Venus.

If at the beginning of the Heart line there are a number of very fine perpendicular lines dropping through the main line it is an indication of a flirtatious tendency. This formation is not often seen in the line past the second finger.

In the majority of human beings age produces a more selective and a less tumultuous sexual activity; that is, while the individual may become more promiscuous, the affairs become less and less tinged with sincerity and are more frankly casual and physical expressions of passion.

The Heart line is very important in relation to health. Any complete breaks in this line betray danger of some heart attack at the point where the line breaks.

The horizontal semi-circular lines found marked across the bases of the fingers, as in Illustration 1, D, indicate the degree of emotional sensitivity. Where this formation is seen as either a complete faint line or two short broken lines, it indicates quite a normal sensitivity, but where it is found as five or more broken lines, it indicates a very high degree of emotional sensitivity.

In considering the chances of individual success, you must first decide on the type of work for which the individual is fitted, and this roughly is divided into two definite categories, mental or manual. There is a third composite type who are clever with their hands as well as their heads, which embraces model makers, inventors and scientific instrument makers.

The first, the mental type of hand, is generally broad with hard, firm flesh, a rather short, heavy thumb, and with the Head line short and straight. The fingers may be either smooth or waisted, long or short.

The manual workers are easy to detect for the simple reason that there is a restricted sphere of mental activity. The short, straight Head line predestines the individual to activities connected with the practical and the material. They can only understand and appreciate those things that can be proved to exist by the senses. Abstract reasoning, logical calculation based on any nebulous hypothesis is a language which they could never speak. As a rule, these hands belong to the simple, honest creatures of earth, and their palms are generally devoid of more than the main lines.

The mental type of individual is a rather more difficult type to deal with as there are so many kinds of mental work. The general rule is, that the definitely mental type have very finely lined hands with well-developed Head lines and waisted fingers, which may be either long or short.

The Accountant or the Lawyer, success in both of these professions being dependent on thoughtful calculation and the ability to assimilate details and to concentrate, have hands with long, waisted fingers, the terminations of which are conical. The Head line in the case of the Accountant is straight, and in the case of the Lawyer it should show a gentle downward curve, slight but observable; and often the Head line ends in a balanced forked formation giving balanced judgement.

The Artist would have shorter fingers and much

heavier. They would show a definite intuitive ability, and the outer edge of the hand beneath the little finger to the wrist would show a definite outward curving, the creative curve. The Head line would be of the balanced type; that is showing a slight downward curve, but if the Artist is to be a genius of originality there would be a deeper downward curving of the Head line. Excessive originality is shown by a more marked downward curving of the Head line, indicating a greater degree of imaginative ability.

The deep downward curve of the Head line only shows imagination, it does not necessarily mean that the individual is also creative. It would be possible to write several volumes on vocational occupations if one wished to give the typical psychological combinations essential to success in varying spheres of activity shown in the hand, but it is in reality quite unnecessary, as all that is necessary for the student to understand is the process by which vocational suitability is determined. And by considering the ability of the individual, their emotional tendencies and health predispositions in conjunction with the known psychological requirements of various professions and trades, it is easy to select two or three suitable vocations for any individual.

What is just as important is to be able to detect psychological defects that might produce failure in the chosen career. To be forewarned is to be forearmed, and if a young man decides to become a lawyer, and he possesses every necessary mental and physical qualification, but with a definite streak of impulsiveness betrayed either by the formation of his thumb or by the space that might exist between

the Head and Life lines at their beginnings; in advising him to follow the legal profession you must point out the urgent necessity to control the impetuous tendency of his nature, particularly is this advice necessary if there exists a well-developed Girdle of Venus, showing definite emotional sensitivity. Under such circumstances emotional impetuosity, blinding the individual temporarily to the possibilities of a more reasoned course, might be the means of his committing grave errors of judgement.

Some three years ago I examined the hand of a man just beginning a legal career. While he was eminently suited mentally for his selected profession, his hand showed an abnormally high degree of emotional impulsiveness, and I impressed upon him the need for care, the vital need to recognize this defect in his character and to constantly guard against it. I have just received a very interesting letter from him giving the details of an incident which produced grave danger of disaster to his career, which was caused entirely by this defect in his character, and he ends his letter by saying, " I only wish that I had taken your advice a little more seriously, but the narrow escape which I have just had has been a lesson to me and has proved that those things you call ' psychological defects ' can alter and destroy one's chances of success. You may rest assured that your advice being proved to be so well founded, I shall be guided by this advice in the future."

In the course of a year I have many people who write to me, sending imprints of their hands, and asking the question, 'Have I literary ability?' Literary ability is first of all dependent upon fluency

of expression, which is shown by a very long little finger, and if the literary aspirations are fictional in tendency, a slight creative curve is necessary, and a well-balanced Head line. The creative curve is not so essential to success where poetry, practical articles or the essay article are concerned. But, in the majority of these cases, I have had to admit that while the subject has possessed some literary ability, there have been one or two defects which have tended to render this ability negative. The first is lack of concentration, and there is probably no craft in the world requiring more concentrated effort to master its technical details than literature.

The second common defect is too strong a self-critical faculty and a lacking of self-confidence. So many people hesitate to express their thoughts and opinions, some because they would realize the imperfection of their knowledge, and others because they would imagine that they were incompetent and unworthy to express any opinion, in spite of their possession of specialized knowledge.

Lack of self-confidence is a common general defect. Its fundamental basis is often a fear complex, and cautiousness becomes developed as a self-protective habit.

There are many people who have failed to attain desired material success, not because they lacked in ability, education or opportunity, but because they lacked in self-confidence and faith in themselves. In many of these hands you will also find the indications of emotional sensitivity, which, with the waisted thoughtful type of finger, makes the individual so very susceptible to adverse criticism. These people are so easily hurt.

It is often too late to remedy the material damage that has been done, to regain the opportunities that have been lost, when it is realized that the adverse criticisms of one's fellow-men are often unworthy of serious notice, prompted, as they so often are, by jealousy, envy, or just the natural desire to impress another. There are a good many people who, while they have no specialized knowledge, will persistently criticize everything and everyone. The fundamental cause of this is often the unconscious attempt to delude themselves, to create, for their own inward satisfaction, the illusion of a thoughtful understanding. And they are often quick to recognize a suitable target for the blunted arrows of their own conceit.

Another type of critic who causes a great deal of pain and hurt is the prejudiced egotist who rashly pronounces judgement, but who never stops to inquire into the true facts of any case.

You must impress upon all of these hypersensitive subjects that adverse criticism is often given unthinkingly, or are opinions expressed by people not competent to express them.

One of the secrets of success, as you will increasingly realize as your studies of hands progresses, is to attain a balanced mental and emotional make-up plus self-confidence. Self-confidence, by which I mean the quiet determined faith in oneself, is essential to success in any sphere of life, and which is an entirely different thing to over-confidence, rashness and the vain, boastful foolishness of the man who would attempt to bluff his way to success.

It has often been said to me, when I have pointed out some particularly blatant psychological defect,

"That is the way I have been made and I cannot help it." Sheer stupid nonsense! There are very few cases, comparatively speaking, where the individual 'cannot help it.' The main exceptions are those who are mentally diseased, or who have inherited some mental abnormality.

I have proved by examining thousands of hands at regular intervals, not only that the hands alter, but that this alteration can be determined or produced by definite mental effort, by the definite correction of the defect.

It has been said that, "A man who never made a mistake never made anything." This is perfectly true, but it is as equally true that the man or woman who continually makes the *same* mistake is a fool, and if you are in danger of becoming the victim of some weakness within yourself it is foolish for you not to recognize this danger, for in its recognition you will have immediately partly disarmed it. The recognition of a psychological defect is to achieve its partial correction.

In making such detailed analysis of character by means of the hands it will be of invaluable assistance to the student to take imprints of the hands of his subjects. These imprints can be filed and are then available for lengthy study and examination; the lines and markings can be measured, and comparisons can be made of imprints of the same hands taken at later dates.

There are two methods by which imprints can easily be made. One is by smoking a sheet of white paper over the flame of an ordinary candle, keeping the paper in constant motion to prevent burning. When the deposit of carbon is fairly even, the hand

to be imprinted is pressed firmly on to the carbon surface. A mixture of methylated spirit and spirit gum, or a little pure turpentine is then poured on the corner of the imprint and allowed to run over the carbon surface. When dry the imprint will be fixed.

The best method is to procure an indiarubber roller used by photographers for fixing prints, a small square of plate glass and a tube of finger-print ink, which can be obtained from Messrs. Reeves, the price being sixpence per tube. A very small quantity of this ink is squeezed on to the plate glass and is rollered out thinly. The inked rubber roller is then run backwards and forwards over the hand to be imprinted, covering the palmar surface from wrist to the fingers and the edge of the thumb. The inked hand is then pressed firmly on a piece of smooth-surfaced white paper. If the hand is hollow, the student will find that if the paper is laid on a felt mat such as used by typists, there will be no difficulty in obtaining a clear print of the hollow palm. The ink can easily be removed by ordinary soap and water, but better still by 'ZYXT' soap, which is used in many households for general purposes, and costs fourpence-halfpenny per tablet.

I must impress upon the student the need to keep careful notes of the shape of the nails, formation of the thumb, texture of the skin, particularly on the back of the hand, and the age of the subject.

If you are intending to make a serious study of this most fascinating subject, more detailed notes should be written up and filed with the imprints for further study or comparisons.

CHAPTER III

THE LIFE IMPULSE

THE sheen and lustre in the Tapestry of Life is given by the golden thread of Sex. Sex is the whole impulse of life; it is the driving, dynamic, creative force that animates the whole world. It is, fundamentally, the unconscious source of all creative effort, and however poetically this matter is treated the reality of its vital importance cannot be exaggerated.

It is a scientifically proven fact that progress in almost every realm of human endeavour is dependent on sex urges. There is a great deal of confusion caused by the varying mental pictures produced by the word 'sex.' In its highest sense it is the urge to create; a creative instinct that is not confined to fleshly prototypes, but which extends to the material things of life such as pictures, literature and creative business effort.

The quality and strength of this creative life force is betrayed by its material expression, by the forms it takes and the media it uses. And, seemingly, it has nothing to do with actual intelligence. Often very intelligent people are sexually beastly and coarse in their sexual expression, while very unintelligent people are just as likely to be sexually refined and delicate.

It must surely be accepted that Man, made in

the likeness of God, must be a trinity, being composed of Soul, Mind and Body; three definite planes of activity. Therefore it is logical to assume that perfection can only be attained by a perfect balancing of these three planes and by their easy, compensative interaction. So many of the tragedies of life are caused by lack of balance in the individual trinity; the over-development of one or other of these three planes.

Living, as we are at the moment, in a material and physical sphere, all development must be based on the physical. As we slowly develop the physical becomes more spiritualized; the co-ordinative effort of development towards something better and higher must infuse the lower planes with a spirituality that could never take place by the development of the physical alone.

Obviously, the ultimate goal of life is a spiritual one, therefore, sex, in its highest form, becomes a very important physical symbol, and the act of copulation becomes expressive, not of animal lust, but of a spiritual desire for unity.

All human beings are searching for happiness, consciously or unconsciously, and the attainment of happiness is inseparable from sacrifice. And sex, at its best, is symbolic of sacrifice in its demand for complete surrender.

Assuming, as one can quite logically assume, that our existence on this planet Earth is merely part of a preparatory evolution. And believing, as most of us do, that the ultimate end of this complicated evolutionary phase is in some distant place and sphere where we will live purged of all fleshly evil, having through the eons of time developed a dominating

spirituality. Believing, and dimly understanding such a lengthy process, it is easy to understand and easier to forgive the sexual errors and stupidities of imperfect man.

No thinking person can agree with those who sing, "And only man is vile," a sentiment which merely tremblingly apologizes for an inward fear felt by the singer, if he (or she) is sincere; it admits to the existence of urges and feelings of which they are ashamed. But this question of vileness does not really arise at all. Man is most certainly superior to the beasts, even in the weakest of men there are indications of some emotional control, while in the majority of human beings there is really a great deal of emotional control; whereas, with the animals, there is no control.

Nothing is attacked so fiercely by the religious-minded as sex, the very fierceness of their attack proves that they are afraid. When they denounce abbreviated bathing costumes, or any form of dress which displays the human figure, their denunciations prove the fear of themselves. They are really afraid of the emotions that these things create within themselves; they should cry, like the lepers of old, "Unclean, unclean," as they walk prying with their dirt-seeking eyes through life. This type of religious fanatic has a filth-swamped mind, and they are so terribly afraid of themselves and the danger of sin; for they know that if tempted they have not the strength to resist.

It is often stated that nature is very wise, although her wisdom is often cruelly expressed, and while we admit the necessity of many natural functions and quite openly pander to many natural appetites, the

sexual appetites are alternately regarded as base and vile, thereby casting grave doubt on the wisdom of the Creator, or they are regarded as a necessary evil provided to tempt men and for the procreation of children.

As you learn to read hands, and the more hands that you do read, the more will you realize how illogical is the mass attitude towards this matter of sex. To a very great extent this illogical attitude has been fostered by the very necessary control of sex activities by law in the interests of the State, but as a nation develops intellectually and spiritually, so must these bonds and restrictions become loosened. Control is still necessary, and may continue to be necessary for some thousands of years yet, but the time will come when there will be complete freedom in such matters; when the sexual relationships will be purely personal, their adjustment being the concern of the individuals interested.

That day is far distant, and life flows on. The passionate source of all life persists. Freedom will only be gained through wisdom, and wisdom is not dependent on exact knowledge, it is equally dependent on an instinctive, partly inherited, 'understanding.'

There has been more injustice, more cruelty and more individual suffering caused by this lack of understanding of sex and its significant symbolism than by anything else. The primitive and natural desires still persist, and will continue to persist, in both men and women in spite of civilization and civilization's control of their activities.

These studies of the human hand will impress you with the importance of sex and sex relationships. In the many hundreds of thousands of human lives

that I have examined in the course of my res
I have found, as you will find, that ninety-five p
cent of the domestic tragedies of life are caused by sexual inequalities and sexual misunderstandings. In very many of these cases actual tragedy could have been avoided by a frank recognition of facts and the inauguration of an intelligent process of 'give and take.' This matter of human sex relationship is a very vast and a very complicated one. There are many cases where any physical sexual expression of affection and adoration is impossible owing to some definite pathological condition, or due to the existence of some glandular defect. Such cases are subjects for medical attention, and when such cases are detected by an examination of the hand it is your duty to advise the subject to seek such medical attention and advice.

Dealing with normal physically healthy people, the lack of sexual compatibility points either to a lack of intelligence or a lack of real affection.

In the course of my active practice I have found many cases where the wife has possessed a very definite affection for the husband, and is intelligently jealous, for even jealousy can be intelligent, of other women, but she has been utterly incapable of any response to his sexual caresses. In the majority of these cases you will find, as I have, that the woman's love is maternal.

Another common type of sexual incompatibility, even where there exists real affection between husband and wife, is where the attainment of sexual 'oneness' is impossible due to some neurosis caused by the over-work or worry of the husband.

You will find that frequently many women bring

into their married lives by what can only called 'cheating,' either consciously or unconsciously. Deliberately marrying for security alone, they are marrying under false pretences, often under-sexed, they have no intention of fulfilling the unwritten sexual obligations of this sacred contract. In other cases of this kind, owing to some inhibitionary training in their early years, or some similar cause, marriage is entered with the knowledge that they will be unable to respond to the sexual advances that will presumably be made. Once safely married they selfishly follow their own inclinations, the inclinations of a cold, cramped nature, and decry the necessity for any physical expression of sex. But if, under such circumstances, the husband is discovered to have been unfaithful, then there is assumed an air of martyrdom, her friends are tearfully informed, "It was a great shock, but I can honestly say that I have been a good wife."

My observations have proved that 'good' wives or 'good' husbands are not conducive to the stability of marriage. Even the most moral couples, when they are really and truly in love, have moments when they would express their affection to each other in 'immoral' acts and gestures. Surely it is quite justifiable for the loving husband to see his wife devoid of clothes, to caress the body of his beloved? It is surprising to find how many people would consider such action 'immoral.'

Immorality is, like much else, relative. Surely it is immoral, and justifiably immoral by pure logic, for either husband or wife to continually produce a physical stimulation in their partner without offering the compensation of its satisfaction. To live under

such conditions is conducive to the production of varying adverse nerve conditions which must effect the healths and the lives of these victims of 'sexual incompatibility.'

It is only natural that the close embrace of two people who love each other deeply and beautifully should produce a physical reaction. So often the erection of the penis, or the increased moisture of the vagina, are mistakenly regarded as being symbolic of animal lust, which, we must admit, is in many cases true. But husband and wife, if they are normal, healthy, intelligent people, will be able to differentiate between lust and love.

It is fatal for any man whose hands show signs of any nervous disability or any constitutional defect predisposing to nervous debility to marry a woman whose hands show signs of an ardent and physical responsiveness, or vice versa.

The whole subject of sex requires airing. It has been wrapped up in the blankets of silence and hidden in the darkness of secrecy for so long that it has become musty. This conspiracy of silence has already resulted in many lives, that otherwise could have been happy and useful, becoming wrecked and spoilt. The errors of adolescence often persisting, in changed forms, far into the years of maturity to eventually produce degenerate and depraved practises. The healthy human animal gradually becomes conscious of vague sensations and urges that he (or she) does not understand, and unless the sexual cause is fully and frankly explained, will result in a personal search for knowledge and some experimental explorations in sexual realms. Questions will be asked of the equally young and

ignorant contemporaries with the result that there will be acquired a distorted sexual knowledge, together with masturbative or perverted sexual habits. These may, in the course of time, produce unnatural forms of physical sexual expression which will foster unnatural thought processes from which it will be very difficult to break.

It is only possible to give any worth-while sexual advice after a detailed analysis of the hand has been made. Such advice, many will argue, is outside the domain of hand reading. With this I cannot agree, for if *any* advice can be given that will save anxiety, worry or in anyway make life safer and easier for the individual, whether it is given by data furnished by the hand, eyes, blood tests or any other method, it should be given. Its orthodoxy must not be seriously considered, the only thing that matters is its practical value. For example, it is possible, by making a careful examination of the hands of any two people to tell to what extent they are suited to live as man and wife; this comparison of their hands will reveal the degree of compatibility and will reveal any sexual incompatibilities together with their type and strength. Therefore, it is possible for the expert in hand reading to say, " This marriage will succeed, but that marriage must fail." Merely a matter of analytical psychological deduction.

Every competent student of humanity will agree that birth control is not only justified, but is a necessity. The arguments against its practice are mainly very stupid. For example, the argument that birth control is child murder. The mind that can seriously believe that it is murder to prevent merely one spermatozoa reaching its objective when,

in any case, thousands of others must die, is just as likely to regard an involuntary nocturnal emission as wholesale slaughter. No, one cannot answer this type of objection seriously.

The objection to birth control on the grounds that it may cause some damage to the delicate genital organs of the female is much more worthy of consideration. There is no doubt that there are some methods of birth control which do tend to produce a vaginal inflammation in certain cases. As there are so many forms of control in use today there would be at least one which would prove to be quite harmless in any particular case.

This question of birth control is very important, as you will find that in many hands there are definite and important reasons for the avoidance of children; such as indications of some ovarian weakness, an inherited predisposition for some major and malignant disease. And unless some method of birth control is found that is suitable to both husband and wife there will be danger of the marriage becoming, at least, spoilt. You will find that in many cases where the hands are finely lined, which is an indication of a sensitive and highly strung nervous temperament, and where the fingers possess conical terminations, indicating an artistic and æsthetic tendency, the use of a rubber covering for the penis destroys the sense of unity and 'oneness' of this most intimate act. This objection applies equally to the husband and the wife.

In the case of the woman the attainment of this unity can be destroyed by fear, the fear of an accidental conception, unless she has complete faith in the method of control employed. The use of

sheaths is very unsatisfactory in these cases of the artistic and æsthetic types and makes this act not one of intercourse in its best sense, but merely a masturbative procedure which is scientifically most unsatisfactory. Certainly the use of the thick washable type of sheath effectively prevents any interchange of electrical or more material, secretionary substances.

In all cases where the hands show any signs of the danger of nervous debility, and where there is any definite objection to children, the subject should be warned to avoid that method of birth control known as *coitus interruptus*. There is no method of control more devastating in its effect on the nervous systems of both the man and the woman, particularly the woman. The constant watchfulness necessary to affect withdrawal just prior to the moment of ejaculation is a strain which destroys the beauty of the act completely, and the sudden withdrawal at the point of climax produces a shock to the nervous system. It leaves the man spiritually unsatisfied, but the woman is in a much worse state, being both spiritually and physically unsatisfied.

In considering the most suitable type or method of birth control you must consider the individual psychological needs of the *two* people; the types of their mentalities and the kind of emotional make-ups that they possess, which is the degree of sensitivity and refinement plus the type of sexuality. There must be a certain amount of consideration given also to the actual physical needs of the two individuals.

If any lasting physical satisfaction is to result, the type of birth control must be agreeable to both

people. Any physical incompatibility will prevent the attainment of spiritual " oneness."

It is comparatively easy to determine the type and method of birth control suitable to an individual by estimating the type and strength of the sexual urges. In the case of the more physical types, the insulation of the genital organs by thin rubber would not seriously interfere with the degree of satisfaction that both would obtain. And although this method is actually masturbative, it would result, in the coarser types of individuals, in physical relief, the undeveloped spiritual plane being in these cases relatively a minor consideration.

In the finer type, the more sensitive people, this method would, of course, be less satisfying, as it would effectively prevent any spiritual contact.

The type and strength of the sexual tendencies are actually betrayed by the formation of the Heart line, but the degree of expressiveness, which is determined by the degree of mental control, can only be ascertained by a careful consideration of the type and strength of the mind.

For example, the Heart line may betray a very high degree of sexuality, but the Head line may be very long and straight, showing calculation, and therefore a reasoned control.

Other hands may betray marked sensitivity, which means emotional responsiveness and a high degree of sexuality, which may be kept in check or prevented from any promiscuous expressiveness by innate refinement.

Where the Heart line begins at the base of the first finger actually on the Mount of Jupiter, and runs in a straight line to the outer edge of the hand

beneath the little finger, it betrays strong sexual tendencies that are essentially spiritual. There exists a definite idealistic tendency, and the sexual tendencies have in these people a less physical form of expression than is the case with the more physical types of human beings.

In explaining the subtle differences in the qualities and types of the sexual urges, it is quite easy to become misunderstood; to convey a false idea. In using the terms 'spiritual' or 'mental expressiveness' one infers the use of a more sensuous procedure. A highly-sexed mental type of individual would find great satisfaction in the mere presence of the beloved, the gentle touch of a hand, and in the sensuous caressing of the beloved body, whereas the definitely physical types would find little or no satisfaction in this mentally contemplative procedure, they would be inclined in fact to regard it probably as a waste of time. The coarser physical urges would demand coarser and more physical expressions.

With this straight Heart line the subject is always idealistic, and while demanding a great deal of their partners, they are also capable of giving much in return. This line is expressive of loyalty, devotion and adoration, but there is also danger that these people would be capable of violent jealousies.

Where the Heart line begins between the first and second finger, sweeping in a deep curve to the edge of the hand beneath the little finger, it is expressive of a very much more physical type of sexuality. These people are warm-hearted, generous and sympathetic. The affections are strong, but if there are the horizontal semi-circular lines known as the Girdle of Venus, marked across the mounts,

betraying as this does emotional sensitivity, the affectionate emotions are then liable to sudden changes. This type of Heart line if found with a well-marked Girdle of Venus, and a Head line that is either short or which curves well down towards the wrist, betrays a lack of mental control and therefore a greater responsiveness to circumstance, the conclusion that must be arrived at is that there exists a tendency for the individual to be sexually promiscuous. Such markings prove that he (or she) are ruled to a very considerable extent by their desires.

If, however, the Head line should betray a balanced and reasoned mentality, the indications of the Heart line and the Girdle of Venus are robbed of their more dangerous indications; the promiscuous tendencies are controlled, and a greater degree of emotional safety is assured by emotional sensitivity being subservient to the control of reason.

Should this type of Heart line, beginning between the first and second fingers, also have a fork or branch running on to the Mount of Jupiter at the base of the first finger, it proves the existence of a certain idealistic quality which tends to make the more physical sexual expressiveness of the individual more selective. The branch on to the Mount of Jupiter betrays an unconscious demand for a certain mental attractiveness as well as physical. This is probably the best type of Heart line to possess, as it does betray balance in the sexual urges.

Where either of these types of Heart line, with or without the branch on Jupiter, begin between the first and second fingers and sweeping in a deep curve to the edge of the hand beneath the little finger, but with the space between the Heart line

and the actual fingers devoid of all horizontal lines, it is a sign of a lacking of emotional sensitivity.

This point must not be misunderstood by the student. Where there are no signs of any Girdle of Venus it does not mean that the subject is under-sexed or is not sensual, it merely means that there is a more directional control of sexual expression. The sex instincts are probably more selfish, inasmuch as they are more controlled in these cases by reason.

In determining the type and readiness with which sexual urges are expressed you must consider the general psychological make-up. For example, Illustration 2 shows long, thin, pointed fingers, which indicate a very marked idealistic trend. The hand is narrow. The outer edge beneath the little finger is straight, showing a complete lack of creative ability. All the lines on this hand are very fine. Fine-lined hands are always the hands of sensitive people, particularly when the lines are numerous. The thumb is supple, indicating impulsiveness. There exists a space between the beginnings of the Head and Life lines which indicates impetuosity, and therefore accentuates the strength and importance of the impulsiveness shown by the formation of the thumb. The actual Head line curves down sharply on to the Mount of Luna, indicating a romantic imagination. Across the bases of the fingers above the Heart line, the Girdle of Venus is well marked by five or six horizontal semi-circular lines. These indicate great emotional sensitivity.

The combination of these indications produces an imaginative, romantic and sensitive person who is extremely responsive to emotional stimulation, particularly of an artistic, romantic order.

Now observe the formation of the actual Heart line in this hand. It begins on the Mount of Jupiter and runs in almost a straight line to the edge of the hand beneath the little finger. This type of Heart

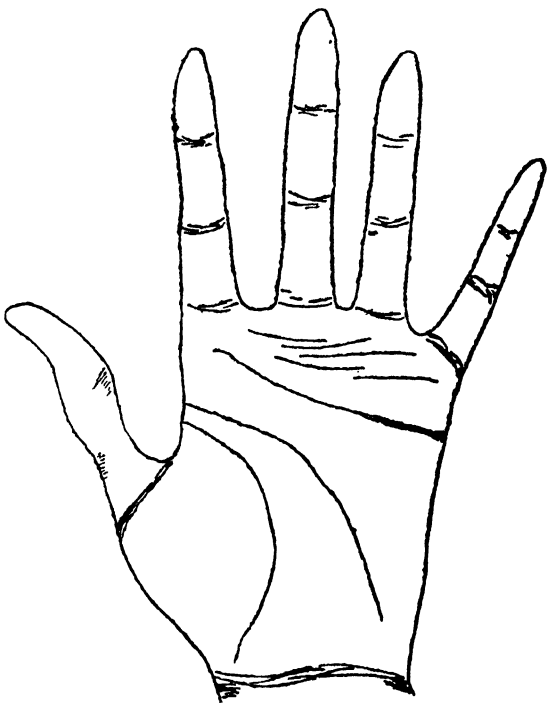


FIG. 2

line shows strong affectionate impulses that are definitely idealistic, or of a spiritual type, combined with a definitely jealous temperament.

When you find hands of this type it will be your duty to warn the subject that the material success and happiness of the life is endangered by the high

degree of emotional responsiveness. You must warn these people to constantly guard against emotional impulse, otherwise their lives are to be a series of unsettling and disappointing love affairs. These people find life very difficult, elusive and unsatisfying. They are constantly seeking spiritual and mental companionship, but very rarely do they find it. The romantic imaginative tendency blinds them to reality, and when they fall in love they become enamoured with their own ideals represented by the man or woman who occupies their affection at the moment. These affairs never last very long; they soon become disillusioned and disappointed, but they never blame themselves, they always blame the unfortunate object of their affection, and it is your duty to point these facts out and make the matter as clear as you can, and to impress upon them the imperative need to be a little more materialistic and practical if they are to avoid constant worry and anxiety.

In the course of my researches I have examined the hands of hundreds of film stars and artists, and it is in these spheres of activity, where emotional sensitivity is essential to success, that you find so many hands of this type, and this is the secret of so many divorces, petty scandals and stupid displays of temperament. Let us consider another type of Heart line. In Illustration 3 the fingers are long and waisted. This indicates a predisposition for thought that amounts to a definite analytical tendency. The thumb is well shaped, the second phalange is waisted which shows intelligence, the top joint is straight and firm without being heavy, which indicates a strong will but not an obstinate one. The

Head line, tied to the Life line at its beginning, indicating an element of caution, runs in a straight line across the palm, which shows definite calculative

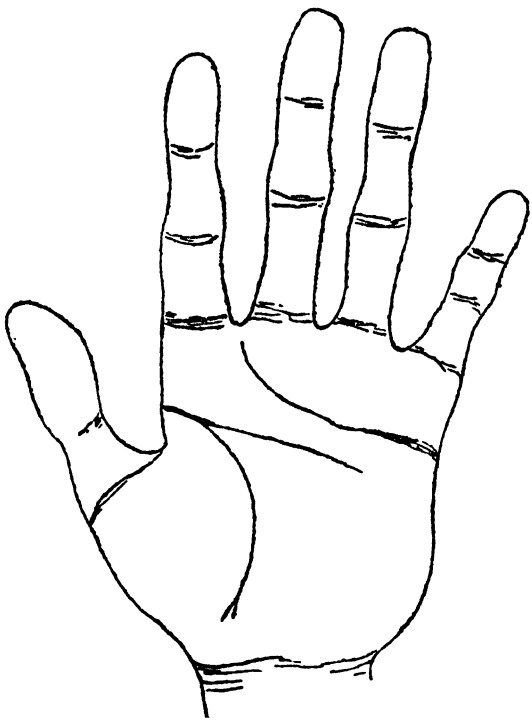


FIG. 3

ability. The bases of the fingers are clear. There are no signs of the Girdle of Venus, which indicates a lacking of emotional sensitivity. With these fingers and the calculative head, the emotional side of the nature is well controlled by reason. The Heart line in this hand begins between the first and second

fingers and sweeps in a deep curve to the edge of the hand beneath the little finger. This type of Heart line betrays strong sexual instincts that are definitely physical. The wide space that exists between the fingers and the Heart line on the palmar surface of the hand shows a generous and sympathetic nature, therefore sexual expression or affection is controlled by reason. It is unlikely that a person possessing such a hand as this would do anything foolish for affection, whereas the first case, Illustration 2, which we examined, foolish impetuosity is the key-note of all its activities. In Illustration 3 affection is a matter of reason. A man with such a hand as this would be able to sacrifice the affectionate side of his life if it was likely to interfere with his work or career. He would view the whole problem logically, and if he was disappointed in his affections, however deeply he may have loved, he could gently close the door of his heart and turn with renewed zest to his work.

It is quite easy for the student to see how his verdicts are to be dependent upon an analytical estimation of the variant strength of psychological factors, and whether you are dealing with sex or whether you are dealing with a definite mental ability the form and degree of expression is dependent on many other things. In examining the hands of children it will be your duty to acquaint the parents with the defects, abilities and tendencies of that particular child. And if there are indications of a high degree of emotional sensitivity, which is a well-marked Girdle of Venus, with a definite physical type of sexual tendency shown by a Heart line beginning between the first and second fingers

and sweeping in a deep curve to the outer edge of the hand, you must impress upon the parents the need to acquaint the child with the facts of sex at a comparatively early age, particularly is this important in the cases of female children.

If there exist in a girl's hand the indications of a high degree of emotional sexuality plus sensitivity, and a certain idealistic tendency, shown by the fingers being pointed, it is criminal for the parents to allow menstruation to commence without warning. It may cause a great shock which might have far-reaching, and very adverse, effects on the developing woman. Children should be warned in a kindly, frank and sympathetic manner of the impending appearance and significance of menstruation.

In considering this question of sexual tendency, the actual type of lining shown in the hands is important.

Where the lines are fine and numerous it indicates a sensitive and responsive nervous system.

Where the lines are few and marked clearly but finely, it indicates a balanced sensitivity.

Where the lines are very broad and fairly deep, it indicates very powerful emotions, but with an unusual degree of control, which amounts *almost* to repressiveness.

If the Mount of Saturn, found at the base of the second finger, is highly developed; that is if it shows as a definite bump on hands where the lines are deeply and thickly marked, it is a definite indication of emotional repression.

In giving any advice appertaining to marriage or the affections you must consider the indications of the health prospects of the subject. If a woman's hand, as in Illustration 4, bears lines that are

numerous and fine with the Life line full of small islanded formations, numerous very fine sloping lines just beneath the Heart line marked A, which indicate nervous digestive sensitivity, and numerous

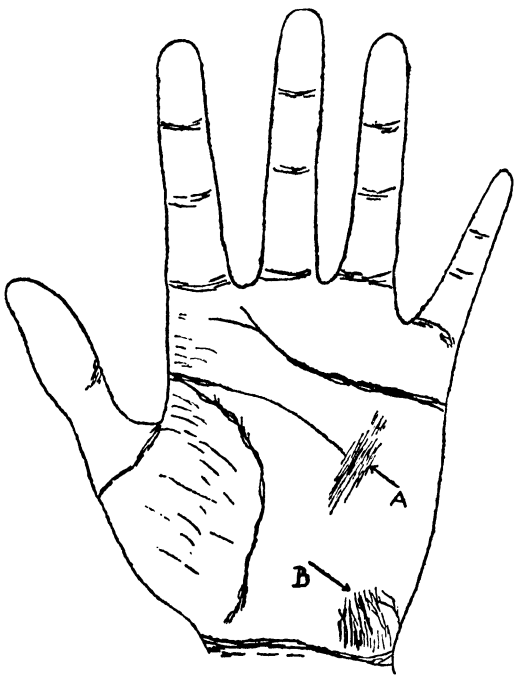


FIG. 4

fine lines as B, on the Mount of Luna, you have every indication of delicacy of constitution, and the children born of such a woman must be highly strung and delicate.

The fine lines marked B, in this illustration, betray the existence of some ovarian or uterine weakness; a weakness which predisposes to mis-

carriages, therefore you should advise the avoidance of children until the general health condition, particularly the nervous condition, has been improved.

In a great many of these cases quinine acts as a toxic irritant, therefore the contraceptive method employed by these people must not include the use of quinine bearing pessaries, and as a general rule these people are sensitive and refined, therefore the contraceptive method adopted must not be æsthetically repugnant. The quinine pessary can be more safely used by those women with more deeply and broadly marked lines in their hands. This method is of greater value to the emotional repressive type. The more deeply lined hands are not so refined, or not so likely to be so æsthetically offended by the use of the cocoa butter, and the closer contact thus allowed assists in overcoming the natural emotional repressiveness of the subject.

Where a woman's hands show numerous perpendicular lines finely marked at the edge of the hand as A, in Illustration 5, it indicates slight faulty kidney action, a faulty elimination of uric acid, and if on the Mount of Jupiter there are numerous lines, as B, in this illustration, extending well on to the Mount of Luna, it is an indication of the predisposition for an inflammatory condition of the ovaries, cervix of the uterus and vagina, and these subjects should be advised never to use any contraceptive method which contains any irritating substance, nor to use any contraceptive fluids which are definitely irritant as a douche. One of the safest of such douching fluids as well as one of the most effective in cases where cleanliness is the main

object, is an ordinary weak solution of permanganate of potash, this can be advised. In these cases the continual periodic use of irritants will produce a catarrhal condition of the cervix and mucuous

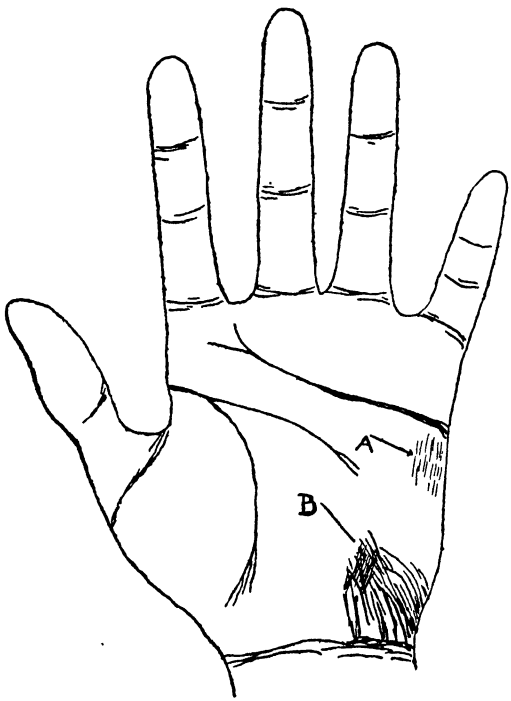


FIG. 5

membranes of the vagina, and may even lead, ultimately, to a more serious condition.

In considering the marital tendencies and prospects of happiness, you must consider the degree of broad-mindedness shown by the hand. Where the space between the Heart and Head lines is very narrow,

it indicates a restricted, rather selfish mental outlook, and where this is narrower in the right hand than in the left, it indicates that this narrowness of outlook has been acquired. You must advise the subject to endeavour to become a little more broad-minded, a little less selfishly conventional.

Where this space is very wide it indicates an unconventional and broad-minded attitude to life, which must be guarded against if the thumb is supple, indicating impulsiveness, and if the hand also bears a well-marked Girdle of Venus, indicating emotional responsiveness.

It is quite easy by making such an analytical comparison of two people's hands, to state with accuracy their suitability or unsuitability for marriage to each other, for the analytical dissections, when deductively examined, will reveal the exact degree of compatibility or incompatibility.

I advise the student to be very careful in dealing with this aspect of hand reading, and not to be misled by appearances, which you will find are very deceiving, nor must he (or she) attempt any sexual analysis until the whole of the facts relative to hand reading are thoroughly mastered. It is fatal in such a complicated subject as this to attempt to isolate any particular aspect.

CHAPTER IV

THE ROAD WE TRAVEL

"THE perfect observer in any department of science will have his eyes, as it were, opened, that they may be struck at once by any occurrence which, according to received theories, ought not to happen, for these are the facts which serve as clues to new discoveries."—Sir John Herschell.

As the exploration of the human mind proceeds, and as we learn and prove new facts appertaining thereto, so are we slowly becoming aware of the infinite possibilities of this mind. We started by searching outer space in an attempt to discover the dwelling places of the Gods, whom we believed directed human destiny. We are probably approaching very close to our goal when we turn to look within ourselves. In the beginning we made sacrificial offerings to placate these suspected lords of destiny. We are ending by studying our own dietaries most carefully.

The mighty conceptions of early civilized man, and the intricate and fantastic mythologies that he created round the lives of these imaginary beings have, in these modern days, shrunk to a calculative contemplation of endocrine activity. We are fast learning that life can be reduced to a mathematical formula, true, a very intricate one, and we are slowly beginning to realize that nothing happens by chance; that a chance happening is an unpremeditated

happening, an event that was not consciously foreseen.

We are all curious to know what events may lie in wait for us next week, next month, or next year. In everyone there dwells an element of apprehension producing a very healthy, although unconscious, state of preparedness. We all possess fears, but they are widely variant. Some fear pain, others poverty, while yet another may fear loneliness; and all are anxious to be rid of the fear that haunts them, this shadow of their own weakness. So, through all the ages men and women in their hours of doubt and difficulty have turned, and still turn, to the seers and fortune-tellers for help, and I am afraid in the majority of cases they come away disappointed, baffled, or more uncertain than when they sought their aid.

Our desire to extort prophetic knowledge from the markings of the hand has led us into grievous error, and there has occurred an assumption of fact instead of the slower and a more certain method of acquired scientific proof.

Our present knowledge should be sufficient to warn us how unwise it is to assume anything, or if we assume that a certain hypothesis is logically correct, covering as it does, all the known facts, we forget that the hypothesis is only an hypothesis, and that all the facts of the assumption that it covers may be unknown to us.

It was once assumed that the earth was flat, an hypothesis which covered all the known facts of that time. It was known that many ships disappeared beneath the horizon and never returned, and it was presumed that they had fallen into outer space.

Wreck and storm on unknown coasts were not considered as possibilities; the fact that there existed lands beyond the horizon was unknown. But when eventually other facts were discovered, the man who propounded the new hypothesis of the Earth's roundness, which covered the newly discovered facts, was exiled as a heretic and a revolutionary. And dealing with this most popular aspect of hand reading, the foretelling of the future, we must at once admit that hitherto all the facts have been unknown, and may still be unknown, but the hypothesis that the markings of the hand betray the events or successes and the failures which we as individuals will encounter as we march from the cradle to the grave must, in the light of newly discovered facts, be discarded. The matter is obviously not as simple as that.

The original hypothesis at once denies personal responsibility, and deprives us of the power to shape our destiny in even the slightest degree; but this is not the case. It has been discovered that we do possess varying degrees of free-will. The actual degree of free-will possessed by any individual is only ascertainable by an analytical dissection of the psychological and health factors.

It must be admitted that some people possess more determination and more intelligence than others, and the degree of control, the deliberate control of an individual destiny, is much greater in the case of a person who possesses a strong will, a practical and intelligent mind than in the case of the imaginative, unbalanced, impulsive creature, whose decisions are altered from hour to hour with the materialization of varying circumstances.

If we are to accept the popular hypothesis that an islanded formation in the Fate line indicates an irrevocable period of adversity and difficulty, then I can see no use in attempting to pursue the matter further. It were far better to remain unconscious of the fact that difficult years are ahead, for at all events we could then enjoy the present unhampered by the knowledge of the difficult period we must later face; but if, on the other hand, by knowing that such a formation indicates a period of adversity, and that by care and thrift we can minimize the difficulties of those years, or by altering our course of action and deferring decisions that we might otherwise make, we can entirely avoid the materialization of any such difficulties; and if, in addition, after having taken such precautions, this formation fades out of the line, which becomes clear, indicating continued success, then I say the matter is worthy of further consideration.

Human beings, my years of research have proved, are very much like chemicals. All chemical substances are made up of atoms of other substances. One of the simplest, for example, is water produced by the atomic combination of hydrogen and oxygen. Human beings are made up of atoms, which we will call 'psychological factors.'

In the case of a chemical substance, such as soda or sulphuric acid, knowing the exact atomic structure of their composition, we know their reactions under varying conditions. The ultimate destiny of the sulphuric acid is a logical conclusion, if we know the use it will be put to; we know its end because we know its reactions to the circumstances of its use by knowing its atomic structure. And so with

human beings, knowing their individual composition, and knowing the sphere of activity in which the individual happens to exist, the rest becomes a logical conclusion. This is reflected in the markings of the hand produced by the unconscious knowledge that the individual possesses of himself and his activities, so that it is possible to alter the logical conclusion or destiny of a life by an alteration of the sphere of activity, or an alteration of the component psychological factors. So it would be possible to label individuals with a descriptive formula as one labels less complex compounds.

There is no doubt that the lines of the hand are produced by conscious and unconscious thought processes. Detailed observations of the same pairs of hands over the course of many years has proved that this hypothesis is fundamentally correct.

The old idea that a broken Fate line, or a hand devoid of any Fate line at all, belongs to a person *predestined* to a life of difficulty and adversity is erroneous.

Here is a case in point. Some years ago I examined the hands of a man working in an insurance office as a clerk. The Fate line in this hand was very islanded and faint. The psychological analysis of the hand revealed the fact that not only was the work hateful and uncongenial, but that he was entirely unsuited for such work. He was fitted for a very much more active type of occupation, and he had sought my advice with regard to the wisdom of making a change of career; he had the opportunity to go into partnership with a friend in a business for which he was psychologically fitted. Without

hesitation I advised him to accept this offer and to leave the insurance company.

Some considerable time later he came to see me again, when I took fresh imprints of his hands, and on comparing them with the previous impressions, I found that the material prospects of the life had obviously improved as the Fate line was now clear of all islands, which ran in an unbroken line to the base of the second finger. By making this change he had deliberately departed, if you accept the theory of predestination, from his predestined course with the result that the material prospects of his life had become considerably enhanced. I have seen him since several times, and he continues to prosper.

This aspect of hand reading can be made of practical use in estimating the prospects of success in any given sphere of activity, and you will find that there are few hands which do not show an element of free-will; that is a will-power and an intelligence strong enough to deliberately alter the course of a life that has been *predestined by circumstances*. This aspect of hand reading will probably appeal to the student more than any other; it certainly gives great scope for some very useful research.

Scientifically speaking, at the most the Fate line gives the trend of the life reflecting the degree of directional determination with the prospects of success in the particular selected course.

The Fate line can commence rising from the Life line as in Illustration 6 A. This formation indicates that during the early years of the life the subject has been hampered and restricted by circumstances over which he (or she) has had little or no control. In

the majority of these cases the career has been selected for the subject rather than by him.

Where the Fate line rises, as B, in the centre of the palm by the wrist, and runs in a straight line to

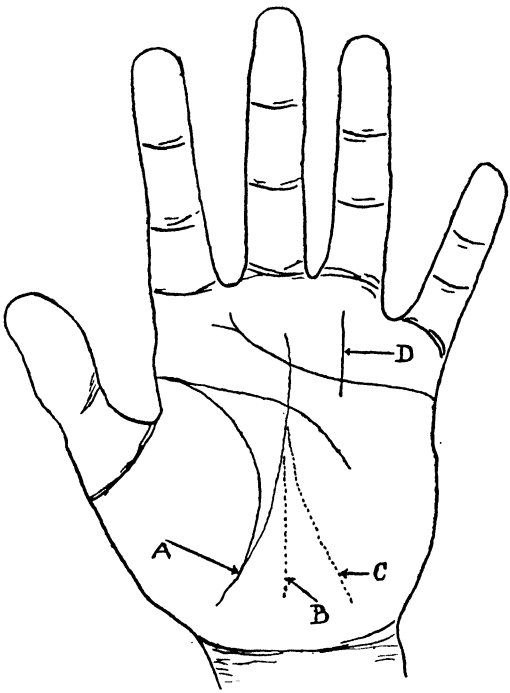


FIG. 6

the base of the second finger, it indicates that progression has been dependent upon personal effort. Where the Fate line begins as C, it shows that success has been dependent upon personal effort plus some assistance given by the personality. In this case the Fate line rising from the Mount of

Luna indicates a dependence upon other people for success.

It can be taken as a definite rule that all islanded formations shown in the Fate line indicate periods of difficulty and uncertainty, and that all breaks indicate changes.

Should there exist a space between the broken ends of the Fate line, the space indicates the period of waiting and uncertainty before beginning the career again. If the two ends of the break overlap, then there will be no period of waiting; it means merely a change from one job to another. Where the Fate line is very thinly and finely marked, it indicates that the career has been created by individual mental and personal effort, and can be dropped or altered at the will of the subject. A Fate line running clearly to the base of the second finger indicates a moderate degree of success, but for the success to be outstandingly stabilized, or to be of such a degree as to excite the envy of the subject's friends, it must be supported by the Apollo or success line. This is marked D, in Diagram 6, and its general position is commencing just above the Head line and just below the Heart line, which is roughly about thirty-eight years of age.

Where the Apollo line above the Heart line is surrounded by a number of perpendicular lines, it indicates that there is a marked diversity of interests, and each interest, so long as the lines are clear, contributes to the individual's success, but if any of these lines are broken, malformed or islanded, it is an indication that one of the interests will tend to cause anxiety and worry.

It has been found that such a formation of any of

the Apollo lines relates more to the private and domestic side of the life than the actual business interests. Changes of residence are shown by breaks in the Apollo line, while breaks in the Fate line relate purely to business changes.

If the Fate line bends over on to the Mount of Jupiter at the base of the first finger, it promises outstanding success, a position ultimately of responsibility and authority.

Should this Fate line bend over on to the Mount of Apollo beneath the third finger, it indicates success which is in some way connected with an artistic calling.

In Illustration 7, there are a number of fine lines coming from the Mount of Venus or the base of the thumb, crossing the Life line, and touching or cutting the Fate line. These are influence lines, and often on the hands of very sensitive impulsive people they are numerous, proving that the subject is too easily influenced, particularly if the influence lines should actually touch or cut the Fate line. Should one of these lines cut the Fate line, and immediately above it there is found an islanded formation, it is an indication that through interference, the influence of another person, some adverse circumstances or conditions have been created in the subject's life. If an islanded formation ends with such an influence line cutting across, it indicates that a period of adversity and difficulty has been ended by the interference of another person.

It is said that a Fate line ending with a clearly defined cross, as in Illustration 7, is a sign of disaster; the danger of accident at the point where the cross formation stops the Fate line.

Lines that run up from the outer side of the Fate line to join it, as A, Illustration 7, are known as affectionate influence lines, and the point of junction with the Fate line is the point where marriage takes place.

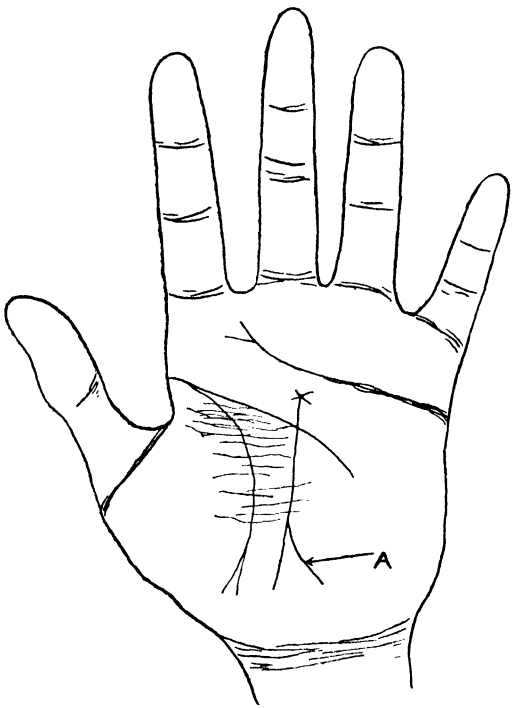


FIG. 7

Scientifically this is, of course, inaccurate, for the simple reason that the conventional ritualism connected with the solemnization of marriage has no bearing on the marks of the hand. Where an affectionate influence line does not quite join the Fate line, but approaches closely and runs parallel

with it, even perhaps to the base of the second finger, it is an indication of a powerful affectionate friendship that sustains and supports the subject. Where an affectionate influence line runs up to cut across the actual Fate line, as A, in Illustration 8, it indicates that there exists definite opposition to marriage. Generally the object of the subject's affections is married.

Where a cross is shown, as B, Diagram 8, at the side of the Fate line, it indicates the death of a relative or very close friend which affects the subject's life, particularly if at the same point, as in this illustration, there are indications of a clear break in the Fate line. It is said that this marking shows that the death has caused an alteration in the circumstances of the subject's life, which is taken to be beneficial when the Fate line is stronger thereafter, but which can be considered adverse if the Fate line thereafter is thinner and weaker.

It has often been stated that perpendicular lines falling through or from the Heart line, as C, Diagram 8, are indications of numerous affections. This is partly true; it indicates a flirtatious tendency. On the Mount of Mercury at the base of the little finger, right at the edge of the hand, you will find a number of fine horizontal lines. These are known as the lines of marriage, and it is said that if this line ends in a forked formation, as D, in Illustration 8, it is an indication of marital discord and the danger of separation. Where there is a complete island in this line it indicates a sudden and unexpected breaking of marriage.

Where there exists a very fine line running parallel with the marriage line, it betrays a deep

affection after marriage; the existence of an illicit love.

Children are indicated by very fine perpendicular lines on the Mount of Mercury, just above the

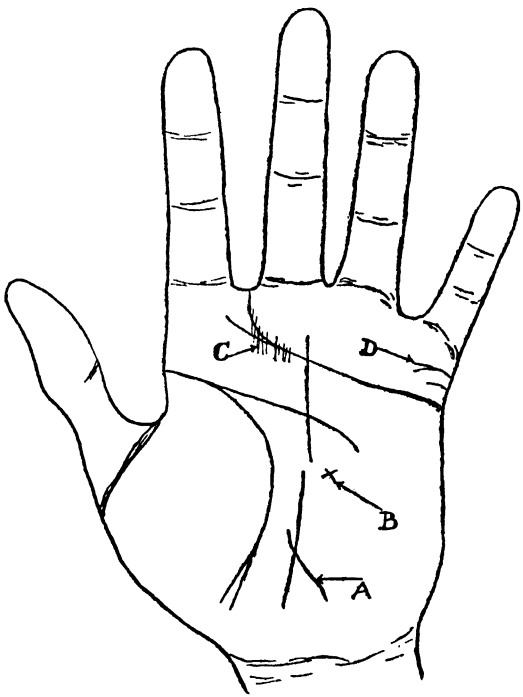


FIG. 8

marriage line, but these are unreliable. Scientifically they merely indicate the extent of fertility. In most books on palmistry there are given a number of detailed instructions relative to the interpretation of such formations as stars, crosses, circles, etc.

It is said that a star on the Mount of Jupiter,

beneath the little finger is an indication of outstanding ambition, and promises distinction and even honour.

A star on the Mount of Saturn, beneath the second finger has always been connected with the idea of a distinction to be dreaded; it has been considered a mark indicating a predestined and rather tragic end to the life. I have never found this to be true.

A star on the Mount of Apollo, beneath the third finger is said to promise wealth and a brilliant career. On the Mount of Mercury, beneath the little finger, it is supposed to favour success in a public career or in science. On the Mount of Luna it is said to indicate a morbid imagination which favours suicide. This mark on the Mount of Venus is said to promise success in love.

I think that the serious student would be well advised to disregard any formations that may look like stars.

The cross, which is more often seen as a chance crossing of two lines, when found at the end of a Fate line indicates danger of violent death. A clear cross on the Mount of Mercury is said to indicate a dishonest person. In this position it is the sign of the deceiver.

A cross on the Mount of Jupiter indicates an outstanding affection in the Life. A cross just under the Head line indicates that the subject does not like to look facts in the face, and is apt to deceive himself. I have found this mark to be fairly reliable.

The square, which is most often found by the chance crossing of lines, as A, in Illustration 9, is said to be the mark of preservation, and a hand that is well squared is the hand of a person who possesses an element of providential protection, and circumstances will always seemingly assist the subject.

Very rarely do you find a complete square formed by itself, isolated from any other marking as B, in Illustration 9, but when this is found dependent upon the position it protects, as for example, if

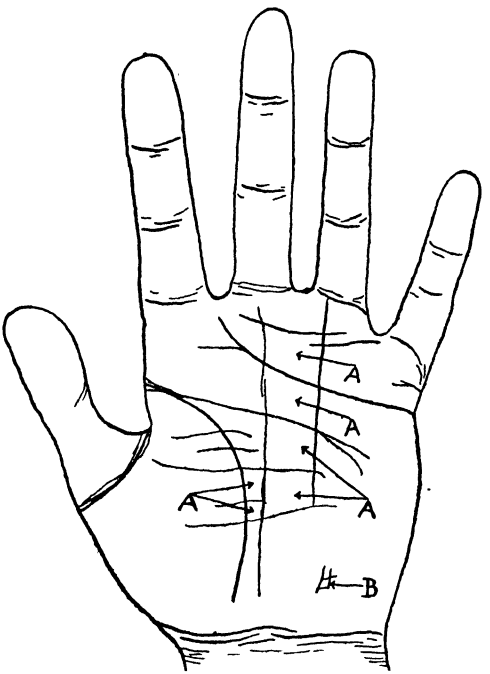


FIG. 9

found on the Mount of Jupiter, it protects the subject from the dangers incurred, or created, by his ambitions. If it is found on the Mount of Luna as an isolated mark, it gives protection to the individual from the dangers created by his imagination.

The grille is a curious cross patterning of lines, as Diagram 10, and it has been stated that this formation indicates opposition and difficulty in the attainment of success. For example, a grille on the Mount of Apollo is said to indicate vanity; an inordinate desire to be in the limelight, and the danger of disaster through this. As a grille is made by a number of very fine horizontal and perpendicular lines the scientific explanation seems to be that the subject is restless and lacking in concentration, and is inclined to allow his or her intellectual interests to cover too wide a diversity of subjects. On the

FIG. 10

Mount of Venus this formation is said to indicate a marked flirtatious tendency. Something approaching a grilled formation can be found on nearly every human hand on the Mount of Venus, particularly in the first half of the Mount near the beginnings of the Head and Life lines. Again, the scientific explanation is restlessness and a ready responsiveness to the attractions of the opposite sex incidental to youth.

Travel is indicated by a clear line leaving the Line of Life and running across towards the Mount of Luna, and it is said that where such a travel line ends in a cross, there is danger of disappointment in connection with that journey.

Should there be a squared formation at the end, or in any part of the travel line, it gives protection

from some danger that will be encountered on that journey.

Any islanded formations in the travel lines are indications of the danger of loss, or at least anxiety, in connection with that journey.

As I have already stated, there is still a great deal of research to be done in connection with this study of hand reading, which will prove both intriguing and useful to the student; and you will find if you take imprints of the same hands at set periods, say every six months, there will occur minor but very important alterations in the formations of the Fate line and the markings relative to it, which will coincide with alterations or decisions made by the subject in connection with the material affairs of his life, and these alterations definitely prove the existence of an element of free-will; and you will often find that these markings foreshadow the realization of the subject's desires which may not be borne out in actual fact.

Recently I examined the hands of a man who was unhappily married, and who was in love with another woman. The Fate line in his hand showed a break coincident with the death of a relative, followed by a mark indicating marriage. The hand of the woman who was in love with him merely showed a Fate line breaking at the same time as the break was shown in his hand, and in her hand it indicated a short period of indecision; a point of crisis where some decision had to be made. These first imprints showed clearly the trend of his desires which were strong enough to be conscious and deliberate. His wife has not died. The crisis foreshadowed has arisen, and the lady concerned has decided to marry

another man. The marks in his hand showing marriage following the death of his wife have died out. The Fate line is now clear and unbroken, showing that he will eventually become successful, and is not likely to have any more affectionate affairs, none at anyrate of this magnitude.

The first print, had one been foolish enough to have based a definite prophecy upon it, would have been misleading and erroneous as events proved, and by seeing the two sets of prints, the prints of the lady's hands, and the prints of his, it was possible to read the story of uncertainty; and only by using the psychological data that these prints gave as a key, was it possible to obtain any indications of what might actually happen.

On the other hand, I have seen imprints of hands wherein there were indications of most unusual and extraordinary turns of events entirely unsuspected and entirely undesired that have in the course of time come to pass.

There is no doubt that at the moment not enough is known of this aspect to enable us to make any exact or definite predictions based on the formations of the Fate and Apollo lines or other marks.

Any prophecies that are made should be made in a much more scientific manner if you are to be of any help to the subject. It is much more valuable as well as much more accurate to base advice and predictions on psychological data, or health data, assisted if you like, by the formations of the Fate line, but not entirely dependent on it.

While writing this book, a man consulted me about the prospects of his life, and I was able to be of some assistance in assisting him to make a very

important decision; and my advice was based on the psychological data after he had given me the facts of his case. He wished me to see his wife, who, he said, was very sceptical about hand reading being able to reveal anything.

I saw her. The psychological aspect of her imprints revealed marked restlessness and dissatisfaction plus an analytical faculty which had run riot; she had become logically illogical. Obviously her marriage had proved disappointing, and she had become cynical. There existed a very bad blood condition which was slowly developing into a definite cancerous condition. I was giving her advice about her diet and the general hygenic measures necessary for the improvement of the blood condition in this particular case, when she stopped me and said, "I am not interested, Mr. Jaquin, in my health, which is perfect; I have not had a day's illness for the last six years, and at forty-five I feel perfectly fit. I want to know what is going to happen to me in the future."

"You really wish me to tell you what events you will encounter next month or next year, and how they will affect your life, and how much money you will have when you are fifty, and where you will be living, and so on?"

"Yes, I do, that is what palmists are for, aren't they?"

"Madam, a great number of palmists would, I am afraid, endeavour to satisfy your curiosity, but it is impossible for anyone to give you the information in such detailed exactitude as you require, but since you ask me what will happen to you, I will answer your question. Obviously your father died with a

growth (left hand showed an inherited predisposition for a bad blood condition).

"Yes," she replied, "That is correct."

"Then," I said, "Unless you take my advice and avoid doing the things I advise you not to do; and unless you eat only the foods that I name, in two years' time I am afraid you will be ill. Yours is a case where illness can quite easily be prevented."

"Sheer nonsense," she replied. "My health is perfect, and I am not going to alter my mode of life for anybody. When I am ill I shall pay a doctor to make me well."

"Then, Madam, all I ask is that you will remember what I have said, and if I prove to be right you will let me know, and I will give you the name of a specialist who might help you."

This case is typical of many. The individual is far more interested and concerned with the stupid vanities of civilization than with the profound realities and abilities that dwell within themselves. They are concerned more with appearances than with facts.

What did it matter if her Fate line showed outstanding success as a pianist, bridge player or hostess? What did it matter if the lines of her hand did show numerous, and probably to her, exciting 'affairs,' if there were clear indications of a developing and dread malignant condition?

If this aspect of hand reading is to be of any real value, it must be used diagnostically, and psychologically diagnostically, rather than in an attempt to obtain a detailed forecast of predestined events; and this diagnostic method as applied to the Fate line and its indications is simple and effective.

If, for example, a break is shown in the Fate line,

followed by an islanded formation or a weaker marking of the Fate line, according to the superstitious aspect, a change will be made which is adverse. Nine times out of ten you will find that the subjects are dissatisfied with their present occupation and the circumstances of their lives; and often there are indications of a restless disposition and a lacking of concentrative ability plus a supple thumb, indicating impulsiveness, and you will find that the proposed change is unsuitable, so that again attention is drawn to the importance of the psychological aspect. In other cases you will find that there is no Fate line existing, which indicates lack of definite 'directional activity'; the subject is uncertain, changeable and undecided; a state of mind which predisposes to failure, and it would be your duty to advise the most suitable career for that individual to follow.

It is of much more vital value to anyone to know the work in which they are engaged is the work for which they are mentally, emotionally and physically fitted rather than to know that there are indications of the danger of a dark-haired person causing trouble. It is quite impossible to make such statements from the markings of the hand. Anyway, people are always trying to make trouble irrespective of the colour of their hair.

I have discussed this aspect of hand reading so often that I become weary of the stupid expectations of unintelligent human beings; but some foolish questions draw one's attention to unsuspected conditions, physical or psychological.

When recently a woman of seventy-two asked me if there was any chance of marrying for a third time,

I became interested, for her question drew my attention to the health aspect, and if you are to be of any real help to those who consult you, you must be able to discuss their problems frankly and intimately, and with a mind that is entirely unbiased. You must forget your own prejudices, and you must acquire a balanced breadth of vision and a deep understanding of life and human nature. These things you will gradually acquire as you see more and more hands, and you will be wise to use the indications of the Fate line much as a physician diagnoses a patient's condition; and the diagnosis of the material condition of the subject's life, combined with the data the other aspects of the hand have given, will enable you to give advice that is practical and useful.

As you study this aspect of hand reading, among the facts you will learn is that the road we travel is *ours alone*; it is an individual and intimately personal road, and actually the journey is a lonely one.

The dangers and hazards that we encounter are often created by our own foolishness, and real success cannot be described in any material terms. History has proved that many men who have passed unnoticed have been eminently successful. More than once the whole trend and thought of civilization has been revolutionized by the life and work of some obscure human atom.

You will be well advised not to place too much reliance on the indications of the Fate line, except as an indicator of tendencies. *The keys of character and health are the keys of life.*

CHAPTER V

THE SECRETS OF HEALTH

ONE of the great blessings is that of good health. To the individual who is cursed with a liver, life can be a very dark and dreary thing. So much can be achieved if the body works in balanced harmony, although even this matter of health is relative, and some of the greatest masterpieces of literature, and some of the most startling discoveries would never have been made if their progenitors had not suffered from some physical disability.

When selecting a career for any child it is very important that one should know something of the general health prospects. If mental or emotional impulses are reflected in the markings of the hand, and these researches have proved conclusively that they are, then it is much easier to understand how definite toxins, created by varying causes and conditions, must also be shown in the shape and markings of the human hand.

As sanity is merely a matter of psychological balance; that is a balancing of the strength and activities of the three planes, physical, mental and spiritual; so is health merely a matter of chemical balance. Merely a matter of chemical balance! A simple statement of fact which by no means explains anything.

One expects the psychological aspect of hand

reading to be a complicated matter, and when I began my palmistic researches many years ago, I thought that the health aspect would prove the simplest aspect, but as I have progressed in these studies I have become more and more impressed with the complexity of the whole question.

While character is the keystone of life, health is the ground upon which your life is to be built, and these studies have proved that so many unwittingly build on shifting sand.

In considering this question of health, a very careful comparison must be made of both left and right hands. The left hand alters but very little, while the markings in the right hand often show considerable alterations. Therefore the markings in the left hand indicate inherited predispositions, which, if developed in the right, would prove conclusively that the inherited tendencies are developing.

In considering the general health prospects of any individual, you must first of all consider the type of mentality that is betrayed by the palmer markings in relationship to the individual nervous system. For example, in Illustration 11, a hand possessing a straight Head line deeply indented, so as to present a fluffy appearance, with all the lines of the hand very fine, and a number of very fine lines on the outer edge of the hand as A, should draw your attention to the individual psychology as being responsible for the creation of a predisposition for ill-health. If not actually, the fundamental cause of ill-health. As we know, a straight Head line betrays a thoughtful disposition and a definite calculative ability, and where the Head line shows thickly dotted indentations which present a fluffy appear-

ance, it is a sure sign of nervous apprehension. The individual whose Head line is formed in this manner will worry unnecessarily about what might

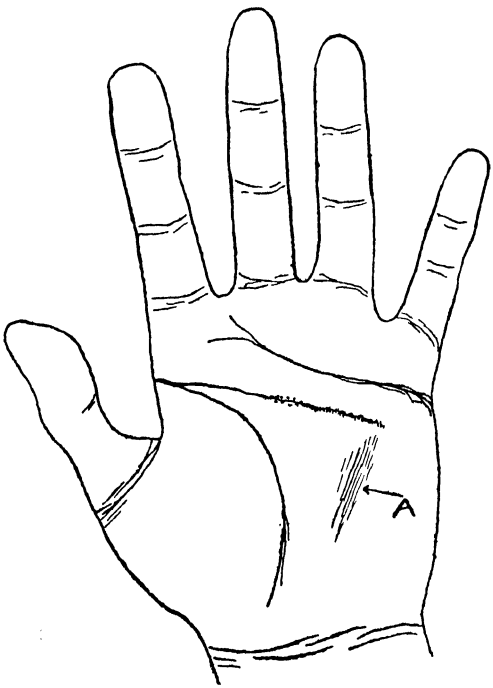


FIG. 11

happen. It is a definite sign of the existence of an 'anxiety complex.'

A very finely lined hand is an indication of a sensitive and highly strung nervous system, and always in these cases nervous apprehension causes an enormous wastage of vitality, and where there exist these fine sloping lines as A, in Diagram 11,

it is a sign of faulty digestive action, produced indirectly by anxiety. But this matter may go further than causing mere wastage of energy. A long continued state of apprehension will ultimately produce, through faulty digestive action, a faulty chemical balance of the blood which will be suitable to support the life of hostile micro-organisms. These researches have proved that there are many bacterial toxins which cause a malformation of the ridge lines in the skin pattern on the palmar surface of the hand.

FIG. 12

In a normal healthy human being the ridge pattern is composed of clear lines, which, in an imprint, show as delicate black tracery. If you observe an imprint through a powerful magnifying glass you will often find that intermingled with these sloping lines indicating digestive weakness, there are small patches of malformed ridges as Diagram 12. While it is not within the scope of this work to differentiate between the malformations produced by various micro-organisms such as *Bacillus Morgan* and *Staphylococcus pyogenes*, the existence of these malformations in the ridges betrays need for definite medical treatment.

Reverting to the original example diagrammatically explained in Illustration 11, it is the duty of the student to emphasize the need for the subject to acquire a more philosophical mental outlook, if this is a case where a psychological defect produces a chemical change, predisposing to varying forms of ill-health.

These studies of hands have proved to me the vital importance of chemical composition. The

importance of the chemistry of the body is slowly being realized by orthodox medicine.

In the course of my practice I am continually being surprised by the apparent stupidity of many medical men. Probably there is some justification for many errors that are made. A doctor's life is a very busy one; he often has to make quick decisions; the examination of the patient, through lack of time, being reduced to a series of questions, and a diagnosis based upon the patient's answers. To say the least, a very unsatisfactory method, and one which must in many cases lead to serious errors. I have found that so very often medical men make the grave error of treating symptoms instead of searching for the fundamental causes of the symptoms, and in so many cases the psychology of the individual is entirely disregarded.

Biochemical researches are proving that psychological factors do exert a very big influence over metabolism, but hand reading has proved this conclusively.

I am certain that nationally and individually we should be very much healthier if more notice was taken of the indications of the hand. One of the great objections, of course, is that such a method is unorthodox, but surely all great discoveries started by being unorthodox? Progress depends on those who are not afraid of the charge of unorthodox procedure.

Where the fingers are very waisted, the finger-tips inclined to be clubbed or spatulate, and the finger-nails longitudinally ridged, it is a sign of a constitutional weakness of the chest, but does not necessarily indicate the presence of disease, merely

the existence of a predisposition. The actual existence of disease is shown in the palmar surface of the hand mainly by malformations in the formation of the ridge lines.

Finger-nails which are flecked with white spots are indications of depletion of vitality, and whenever these white flecks are seen, you will find that the palmar surface of the hand bears indications of a highly strung and active nervous system.

Often the lines are not very finely marked, but are numerous and deep, which is an indication of a high degree of nervous energy. These people are always inclined to try to do too much.

Where there exists, as in Diagram 13, a long, thin islanded formation A, it is an indication of the existence of some throat weakness. If the island is broad as B, it is an indication of a definite bronchial condition. Marked, as in this hand, commencing below the Head line, it indicates danger of bronchitis late in life; that is after forty years of age.

Where there are a number of very fine upright lines as A, Diagram 14, it indicates the existence of acidity due to faulty action of the kidneys.

If the main lines are very fluffy, the fluffy appearance being caused by minute dots in and *round* the actual line, as in Diagram 14, it is an indication of a catarrhal condition.

You will often find that the Life lines in the hands of heavy smokers is surrounded with a fluffiness which betrays a catarrhal condition of the bronchial air passages due to nicotine.

There are many factors that affect the health of individuals, and one of the most important and least suspected health factors in everyday life is colour.

My friend, Dr. Guyon Richards, has done a vast amount of research work in connection with colour and its effect on disease, and in his recent book, *The Chain of Life*, he says, " There appears to me

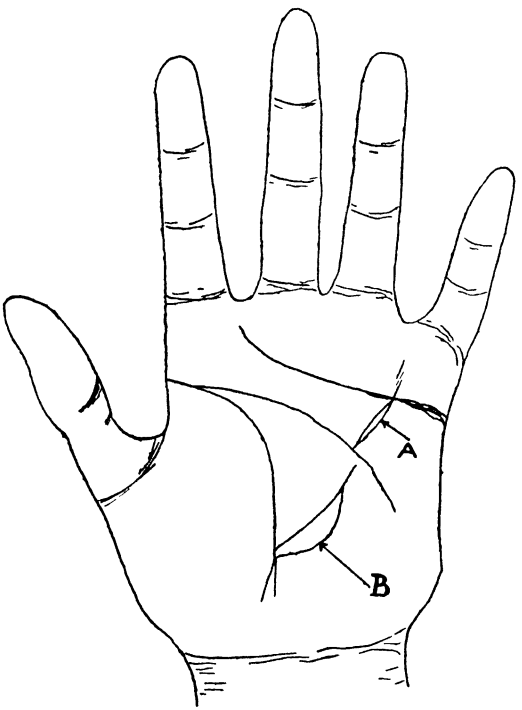


FIG. 13

to be a connection between personal colour and the organism the patient tends to grow."

I have found that in many thousands of cases some health disability has been produced by the unconscious use of an irritating colour in furnishing. I recently examined the hand of a man who suffered

from insomnia. There was no detectable pathological or psychological cause, but there were indications of mental and nervous irritation. I asked what colour of electric light shades were in

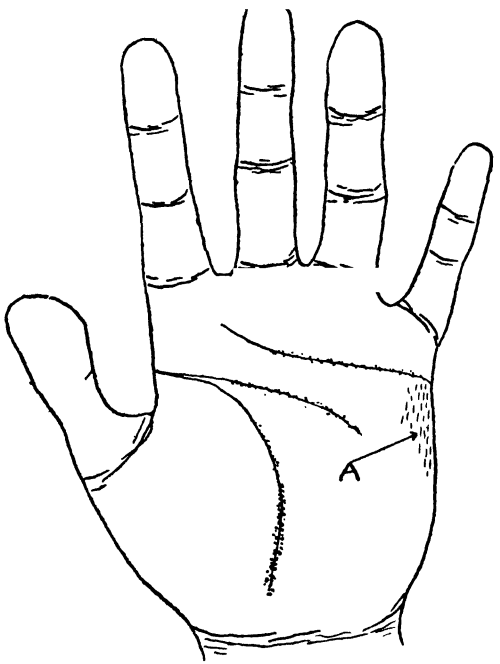


FIG. 14

his bedroom. They were red. I suggested that these should be replaced by yellow or pale green. My advice was accepted and the insomnia ceased.

Dr. Richards, and others, have found that colours increase or retard the activities of various forms of micro-organic life.

For example, *Streptococcus rheumaticus* shows increased activity in yellow light, and its activity is decreased by blue. *Micrococcus catarrhalis* shows increased activity in orange light, and a decreased activity in green.

Those people who are particularly susceptible to the effect of colour are those who possess finely lined hands with a clearly marked Girdle of Venus across the bases of the fingers on the palmar surface. This formation known as the Girdle of Venus betrays nervous and emotional sensitivity. Generally these people live on their nerves, and they need colours which will tend to *tone down nerve activity*. Generally you will find that blues and greens are beneficial.

The hand that is heavily lined; that is where the lines are thick and deep, particularly when the lines are few, which indicates an absence of nerve activity, and with the palmar surface being yellowish in colour, indicating sluggishness and often the existence of some toxin, will find that red, orange or yellow are beneficial. These colours tend to increase general nerve and endocrine activity.

Where the Heart line in a man's hand is straight, commencing on the Mount of Jupiter beneath the first finger, it indicates an idealistic tendency in relation to the affections, and a feminine type of sexuality. Often in these cases there is a lack of physical male sex activity. When this sexual deficiency tends to interfere with the nerves or is liable to cause some marital dissatisfaction, the use of the colours red and orange will tend to stimulate the male sex activities. A deficiency of sex activity in the female can be corrected by the use of deep blue.

Many people will regard the use of colours as

therapeutically stupid, but observation has proved that colour is a very important factor in determining the general health condition.

I have seen cases where a definite pathological condition has been produced by the unconscious effect of colour irritation persisting over a long period.

People with long, narrow hands, where the lines are very fine, and particularly if the Life line shows an islanded formation, should be very careful to avoid long exposure to brilliant sunshine. Sun-bathing is good *in moderation*.

In dealing with any aspect of health it is very difficult to generalize. To say that sunlight is harmful is wrong; it is decidedly beneficial, but too much of a good thing can be very bad. Brandy can save life, it can also kill; it depends how it is used and the physical condition of the user. But these finely lined hands that possess an islanded Life line can very quickly become overcharged with vital energy by long exposure to sunlight. The same thing applies to ultra-violet light.

Where the hand shows lines that are broad and deep, few in number, but with a definite yellowish tinge of the skin and definite longitudinal ridges in the nails, it is an indication of the existence of a faulty elimination of waste matter from the body; a state of auto-intoxication, and is always a sign that some care should be exercised over diet. These people should always avoid fried foods, foods rich in animal fat, and all the 'clogging' and irritating types of nutrition.

Those hands that possess sloping lines, as in Diagram 11 A, should always avoid pepper, pickles, Indian tea and tinned foods.

It is dangerous to generalize, particularly over diet. The vast majority of books that are written on dietetics are not worth the paper on which they are printed. Chemical idiosyncrasies of the body are so numerous as to render generalizations useless, for no two bodies are chemically balanced in identically the same way. These researches have proved that a healthy body is a chemically balanced body, and chemical balance is very largely dependent upon mental balance. Mental deficiencies and idiosyncrasies are largely responsible for the rapidity of the processes of disintegration which ultimately results in our complete physical dissolution.

Therefore, a person who possesses a supple impulsive type of thumb with the beginnings of the Head and Life lines separated by a small space, which are the indications betraying innate restlessness of disposition, is not likely to enjoy good health in any work that is of a routine-like character. The success, happiness and health of such individuals depends upon an element of variety, and if this is unobtainable, the resulting essential restraint unconsciously produces an ever present nervous tension, a constant irritation, which must in the course of time result in faulty nerve activity.

On the other hand those people who possess straight, firm thumbs, with the Head and Life lines tightly joined at their beginnings, and the actual lines of the hands few and deeply marked, are the naturally placid, repressive types who dislike change and disturbance. Continual changes and any element of variety in their lives would have such an irritating and disruptive effect on the mental processes as to produce a deep-rooted feeling

of uncertainty which would cause an alteration in the blood condition. It is only a step from this condition to the condition of worry and anxiety, and there is no more devastating state than the state of anxiety.

Those people who possess in their hands the indications of nervous sensitivity should take steps to protect themselves from all irritating vibrations. Mental disharmonies undoubtedly produce vibratory impulses that are disruptive in effect. Certain colours produce vibrations that are inharmonious and irritating, and there is still the question of sound to be considered.

There has occurred in the last five or six years a marked increase in obscure nerve disease amongst town dwellers, partly due to faulty feeding and partly due to the continual irritation to which the nervous systems are exposed.

There has recently been an outcry against noise in the Press because a woman was driven to suicide by the noise of an automatic drill used in road breaking. Undoubtedly the noise produced by an automatic drill is nerve shattering, but there are other noises just as destructive in their effect on the human nervous system which are not so obvious. But no outcry or complaint is made against them. We boast that our cities are less noisy than was the case years ago. We have abolished cobble stones. The wheels of our vehicles are padded with rubber and air, but life has been speeded up and a new set of destructive vibrations have been introduced into our daily lives. Apart from the irritating click of typewriters, the ringing of telephone bells, there are the noiseless vibrations emanating from the mass

mind. Whenever you have many thousands of people packed together there is produced a general spiritual 'something' which we call 'atmosphere.' This is observable in a theatre. During the progress of a tense drama, the individual emotions of the hundreds of units of which the audience is composed become merged to produce an 'atmosphere' of tenseness which can be 'felt,' or sensed as existing.

The same phenomena exists in any large city, and a sensitive person sitting in a quiet room in the heart of London or New York must become aware of an atmosphere of unrest produced by the restlessness in the souls of the millions of units inhabiting the city.

The quietude found in the quietest spot in any big city is pregnant with unrest, and is an entirely different thing from the quietude found in the solitude of nature. Peace, real peace, can only be found far from crowds.

People whose Head lines show minute indentations cannot stand noise, and if there exists a well-marked Girdle of Venus, they are also unconsciously sensitive to those 'atmospheres' created by the activities around them, and which do tend to produce nerve irritation.

The effect of 'atmosphere' on the human nervous system is rapidly becoming apparent. We have always prided ourselves on being a stolid nation, not given to panic and hysteria, but a definite hysterical note is creeping into public life.

Recently a lifeboat was launched at one of the holiday resorts, and in the excitement several people were injured and trampled by the hysterical panic produced by an emergency. Owing to the increased

sensitivity of the individual, the mass are more susceptible to suggestions and more liable to panic.

These studies of the human hand have proved this to be true. Signs of abnormal nervous sensitivity are becoming increasingly frequent. The penalty of employing forces that we do not fully understand in endeavouring to speed up activity is resulting in the production of an individual instability, which must ultimately become a national instability, and the danger will not be checked until people acquire the art of spending their leisure hours in a quieter way.

The popular holidays are hectic cruises, motor tours, or a round of dancing and gaiety at one of the popular seaside resorts.

I recently examined the hands of a woman who had been on a cruise for the benefit of her health. The wild round of gaiety and lack of sleep had left her in a definitely worse state. I suggested a complete rest in the quietudes of Scotland or Devon, and she said, "But, Mr. Jaquin, I should be bored to tears." She was right, she probably would have been, and I explained how, before she could hope to have more stable health, she must first alter her philosophy of life and her mental attitude, so that the company of self would not bore her.

In the course of my researches in connection with health and the hand, I have found that the actual ridge patterns on the tips of the fingers are important. Certain types of finger-prints betray certain fundamental emotional characteristics which predispose to certain types of disease.

For example, where all the finger-prints run from right to left, as in Illustration 15, it indicates a rather

highly-strung and responsive emotional temperament with a marked predisposition for neuritis. Where the finger-prints are all of the whorl type, as Diagram 16, it indicates the existence of an emotional responsive tendency, which predisposes to nervous diseases affecting the digestive processes and the blood condition. It betrays an instinctive consideration of self that is rather more intense than in any other type.

This is a matter upon which a great deal of research has yet to be done.

It has been reported that Dr. Heinrich Poll of

FIG. 15

FIG. 16

Berlin has discovered that the finger-prints of insane people can be distinguished from the finger-prints of sane people. He is reported to have stated that during an outbreak of infantile paralysis it was found that the victims belonged to one group, all possessing the same characteristic features in their finger-prints, and that similar results were obtained in cases of people affected by other diseases.

Dr. Poll described his method of determining by finger-print methods the racial or ancestral group to which the individuals belonged, and also of tracing inherited tendencies.

I mentioned the psychological importance of finger-prints in my previous book, *The Hand of*

and again draw the student's attention to the matter. This is an interesting line of research.

A very frayed or a very indentated Heart line is an indication of some weak action of the heart, and if there are a number of very fine minute lines falling from the Heart line or through it, it indicates definite nervy action of the heart.

A long, wide island under the finger of Apollo clearly marked in the Heart line, as Illustration 17 A, is an indication of eye-strain, and whenever such an island is found where the lines of the hand are very fine, glasses should be worn to preserve the sight

FIG. 17

and lessen the strain, even if no symptoms of strain are apparent to the subject.

If, in addition to this island in the Heart line indicating eye-strain, there are indications of nervous digestive sensitivity, the need for glasses is accentuated. There are many cases where eye-strain unconsciously produces or predisposes to some digestive defect.

In estimating the health prospects from the hand of a child, it is very important that you observe closely the formation of the Life line. Where this line is full of minute islands it indicates the existence of some delicacy of constitution, which should draw attention to the formation of the ridge lines and should cause a search to be made for any breaks or malformations in the Heart line.

Where there exists a resistance line as A, Illustration 18, it is an indication that the resistance to the body is good, but if this line is stronger in the right hand than in the left it indicates that there has been

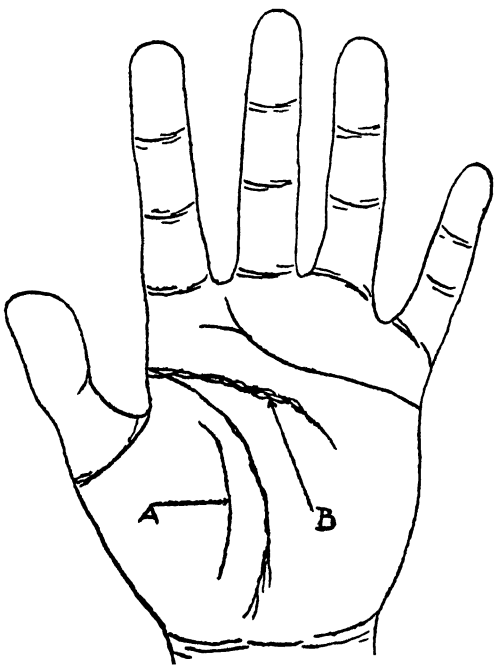


FIG. 18

an increase in the body's resistance to disease through the existence of some health defect.

This resistance line is nearly always found when there exists any marked predisposition for any chest weakness.

If the Head line should be full of small islanded formations as B, in Illustration 18, as well as the

Life line, it betrays a marked lack of concentrative ability produced by a marked chemical deficiency of the blood.

I have already spoken of the relationship that may exist between planetary influence and human life, and particularly important is the effect of planetary radiation, if the hypothesis of its existence is correct.

We know that sunlight sustains life, but in some cases, owing to the peculiar chemical composition of the individual, prolonged exposure to the sun's rays can be death-dealing.

It is extremely interesting to note the health prospects and predispositions of individuals as betrayed by their hands in relation to the prospects and tendencies indicated by the sign of their birth. For example, you may find that the majority of hands of people born under the sign Virgo will show signs of impure blood, and women's hands born under this sign will probably show some signs of uterine weakness.

The danger of womb trouble is shown by a grilled or criss-cross mass of lines low down by the wrist, opposite to the thumb on the Mount of Luna.

The student may find it a helpful guide, in estimating the health tendencies and prospects, to include in his notes on the imprints that he has taken the astrological health tendencies of the sign under which the individual was born, and it would be very interesting, when a collection of some thousands of imprints is made, to analyse the percentage of astrological tendencies that have proved correct, and to note carefully those cases where the

indications of the hand are in complete opposition to the astrological indications. Your verdict, of course, must be based on the indications of the hand, which offers tangible, understandable and irrefutable evidence of existent, or existing, health tendencies and conditions.

CHAPTER VI

EXPERIMENTAL ASTROLOGICAL OBSERVATIONS

"ZODIAC. A belt of the sky extending 8 degrees on each side of the ecliptic, and comprising the apparent paths of the sun, moon, and principal planets. It is divided into twelve signs of 30 degrees each . . . the first six are north of the equator, the last six south of it. The six 'ascending' signs are those from Capricornus to Gemini inclusive, in which the Sun is moving northward; the six 'descending' signs, those in transversing which he continually increases his north polar distance. The series begins with the vernal equinox and shifts through procession.

"The Zodiac is of immemorial antiquity; it was invented in Babylon essentially as we know it, not later, and probably much earlier, than 2000 B.C. The Chinese Kung, which can be traced back to the seventh century B.C., included the twelve signs" (Encyclopædia).

This extremely ancient science of Astrology is, at the present time, experiencing a revival of interest, and although this study of the stars has persisted through hundreds of centuries, from the ancient civilizations to the present time, it is still rather incomprehensible, its detail is beyond the powers of the majority of human beings.

In casting a horoscope there are so many factors to be considered. The deductive processes employed

in the interpretation of an astrological map is exactly the same as that employed when reading a hand. The strength and influence of one factor must be carefully estimated and considered in its relationship to some other factor in opposition. Its strength and influence would be modified or rendered entirely negative by the opposing factor.

In the reading of hands, you will have data which is well within the intellectual understanding of the majority of people. We can explain and understand how and why certain marks are produced in the hand; we can appreciate their causes, but in considering the vast subject of Astrology we are dealing with a universe of which, at the moment, we know very little.

Presuming that the planets do exert some influence on human life, the type of influence exerted by say Jupiter or Neptune must be largely a matter of speculation. In the course of time, with our greater understanding of radiation and its effects and origins, it may be possible to be more exact.

Knowing that the ancient systems of Hand reading were based on Astrology, it is of interest to the student to observe and compare astrological tendencies and indications with the tendencies and indications betrayed in the hand.

In the ancient systems of Astrology, the Astrologers placed what they called The Grand Man in the centre of a circle round which was placed the twelve signs of the Zodiac. Each sign was said to affect definite organs of the body. Leo, for example, governed the heart, Scorpio governed the generative organs.

In the course of my scientific researches with the

hand, I have been impressed by the high percentage of what I would call the 'general' accuracy of astrological indications. The hands of people born strongly under the sign of Libra invariably betray some intestinal weakness, and Libra is said to govern the intestines.

As I have already stated, Astrology is a very vast and complicated study, and I am not advising the student of hands to cast horoscopes, but it certainly should be helpful to know the tendencies of the various signs of the Zodiac, and, knowing these, the student would be wise to look for the special weaknesses and tendencies of that sign in the hand.

At the moment, at any rate, these astrological observations cannot be regarded as anything more than experimental.

We can now consider the indications of the twelve signs of the Zodiac.

Aquarius

January 20th to February 19th

The Sun enters the sign Aquarius each year on or about the 20th of January, leaving it about the 19th of February. It takes four or five days for the Sun to travel well into the sign; thus from January 20th to January 24th there still persists some of the tendencies and indications of the preceding sign, Capricorn.

This period, wherein the indications of the two signs are merged, is known as the Cusp, and people born during these intermediate periods are, as a rule, very complex personalities; they are mixtures of the two merging signs.

People born under Aquarius are notable for their thoughtfulness and their instinctive understanding. They are generally very artistic. A large proportion of the people born under this sign possess long-waisted fingers, indicating a thoughtful tendency. The little finger is invariably long, showing fluency of expression, and the sign Aquarius gives a definite literary ability, a taste for oratory, and a liking for philosophy, music and the theatre.

These people are generally honest and kind-hearted. They possess balanced Heart lines, the type of Heart line which gives a deep and balanced affection. One branch of the Heart line commences on the Mount of Jupiter below the first finger. Quite a number of Aquarians possess very long first fingers, indicating pride and dignity.

Often the nature of this sign is likely to become logically illogical; that is, the thoughtful analytical tendency is inclined to run riot and produce some cynicism. These people generally try to make an appeal to reason. They endeavour to guide their lives by logic and common sense, and in domestic life they do all in their power to make their partners happy. Affection in these people is very much more a matter of companionship and intellectual understanding than of passion. Very rarely will you find in the hands of any Aquarian a badly formed Heart line with a well-marked Girdle of Venus and a weak Head line, a weak Head line showing lack of emotional control. Whenever, in these hands, you find signs of strong emotional urges, you will invariably find straight, clearly marked Head lines, which give mental control. Reason always tends to dominate these people.

It is said that Aquarians generally receive valuable assistance in their careers. Often the Fate line will start from the Mount of Luna, indicating a profession, a dependence on public favour for success. Often there is the death of the father prematurely, affecting, adversely, the early years of the life. In these cases the Fate line would begin tied to the Life.

Marriage is well aspected in this sign, and often there is definite material gain through marriage. This sign particularly favours all the professions.

In the physical characteristics, the native of Aquarius is moderate. The body is well proportioned. In the hands of these people one should look for signs of dental weakness, which is betrayed by minute horizontal lines just above the Heart line, and in line with the space between the third and fourth fingers. If, in addition, there are, in this position, any marked malformations of the skin's ridges, it points to a definite bacterial infection of the gums—pyorrhœa.

Particular attention is drawn to the circulation. These people invariably feel the cold very badly, and if the resistance line is weak, or if the Life line possesses marked islanded formations throughout its length, it indicates a predisposition for tuberculosis. If this disease is actually developing, or has developed, there will be some malformations of the ridge lines on the Mount of Venus at the base of the thumb.

In some cases you will find in these hands indications of a very 'nervy' condition of the heart, the actual Heart line having the typical 'fluffy' appearance.

Women born under this sign are likely to suffer

from weakness affecting the organs of generation, and search should be made for the typical indications of uterine weakness on the Mount of Luna.

Pisces

February 20th to March 21st

Pisces is symbolized by two fish swimming in opposite directions. The people born under this sign are natural wanderers, and their chief fault is a lack of concentration. They are mentally and physically restless. A great number of the people born under this sign possess supple, impulsive thumbs, and if there exists a space between the beginnings of the Head and Life lines at their commencement, it confirms the restlessness of mind and body.

Impetuosity is one of their chief faults, and for this reason they are often considered very untrustworthy. They do not mean to betray trust, but impetuosity so very often destoys preconceived determinations. They are generally able to talk well. They can be very witty and entertaining.

This sign gives a definite romantic imaginative tendency to the mind. Particularly is this true if the Head line sweeps down in a deep curve towards the Mount of Luna.

The natives of Pisces are apt to worry unnecessarily; they are inclined to torment themselves with the visualization of all kinds of fantastic possibilities. This tendency is betrayed in the hand by minute indentations in the Head line, which presents a fluffy or blurred appearance, the clean edges of the

line being obliterated by these minute indentations; and in such cases you will invariably find that the fingers, while short, which indicates quickness, are waisted, betraying an analytical tendency.

In business the native of this sign is rather unreliable, particularly if he is engaged in any business activities that demand prolonged concentrated effort.

Owing to the mental impetuosity of his character, he responds very readily to environment, and he can become part of any environment without difficulty, not because of any powerful natural adaptability, but simply because he is impulsive, impressionable, and fundamentally rather lazy.

Children born under this sign should be watched very carefully, and their companionships should be closely scrutinized.

Owing to the lack of concentration, these people are often making mistakes and often losing things, and while they are not really careless, they cannot be bothered, they find it an effort to consciously concentrate.

Often this sign confers definite creative ability. This is detected in the hand by a very definite outward curving of the outer edge of the hand, beneath the base of the little finger to the wrist, and if this creative curve exists with a long little finger, it indicates expressive fluency allied to creative ability which is of a literary order.

Quite a number of popular authors are born under this sign, but in the majority of cases the literary ability is weakened by the lack of concentration.

Where there exists a strong will, which is betrayed by a firm thumb, the native can exercise authority without being harsh or tyrannical. These firm-

thumbed people can be very determined, but without being unpleasantly obstinate.

Wherever there exists in these hands a marked Girdle of Venus it is a sign of danger, the Girdle of Venus betraying emotional sensitivity; therefore, with the impetuosity and the lack of concentration there is created a too rapid responsiveness to environment.

In the case of women born under this sign there is always the danger of the emotional side of the nature dominating reason. The women of this sign should always create some definite material interest in life. They should always have some definite hobby to occupy their attention, otherwise there is danger that they will get into mischief.

The romantic tendency of the sign is strongly accentuated in the woman, and even in their ordinary friendships they try to surround friendship with the glamour of romance. The people of this sign make excellent companions, as they are generally so easy-going, and they possess a strong sense of humour.

It is said that this sign tends to produce a rather difficult life. The native generally comes of a large family, and relatives are rarely conducive to his welfare. The life is said to be subject to many changes, and the sign inclines to two marriages.

Physically there is a great deal of variation in the type, but the true native of this sign possesses rather prominent eyes, prominent or chubby cheeks, and there is often a tendency for a double chin.

Astrologers state that a great many of the children born under this sign die in infancy, and the majority of those who reach maturity suffer from those diseases induced by slackness and self-indulgence.

The native of this sign is particularly susceptible to drugs and drink, and the danger to health is excess.

This sign is said to directly govern the feet and ankles, and indirectly affects the lungs and nervous system.

In examining the hands of these people, the composition of the Life line should be closely studied, and you should search for any signs of failing vital force, which is betrayed either by an increase in the minute islanded formations in the Life line or by the actual line fraying into many minute branches. The constitution of the majority of those born under this sign is not strong, and there is a definite weakness of resistance to infection.

Children born under this sign should be taught to control their innate selfishness and the tendency for self-indulgence. Their diets should be almost Spartan in their simplicity.

Aries

March 22nd to April 20th

The sign Aries is symbolized by the Ram, and there are two definite types of people born under this sign, the positive and the negative. One is typified by the restless, pugnacious ram, and the other, the negative type, by the helpless, stupid sheep.

The outstanding feature of the Aries people is strength of will, and the hands of these people possess thumbs that are well developed, particularly in the top joint, and frequently there is the composite type of thumb observable; that is, the top joint is

well developed, indicating strength of will, but it also bends back and is supple, betraying an element of impetuosity, and you will often find that these people are impulsively determined. This may appear paradoxical, but it is an exact description of the composite traits.

Often the fingers of the Aries people are very knotted, showing the typical waisted formation indicating a marked analytical tendency, but this analytical tendency produces a critical faculty which is destructive, and these people are inclined to see things only as they desire them to be. They are very apt to deceive themselves. This is betrayed in the hand by a small cross clearly and independently marked just under the end of the Head line.

They are curious people, remarkably tenacious of a philosophy or opinion, even to the point of being bigoted and stubborn, but they often change their ideas and opinions with startling suddenness.

Where the thumbs of these people betray an impulsive tendency, it always indicates this danger of a sudden change of opinion.

They are very enthusiastic, enthusiastic even to the point of being excitable. They are intensely practical in a material sphere, and extremely capable in dealing with affairs of a routine character. If the fingers have spatulate terminations, which indicates originality of thought, it betrays a definite inventive faculty, but the Aries native would only be an inventor under very favourable circumstances, or become inventive due to pressing and urgent need.

The Aries born are always optimistic, and their optimism is invariably produced by a lack of real knowledge. The Aries man who engages in a law-

suit is always confident of winning because he is incapable of estimating the strength, the intellectual strength, that may be opposing him.

He can be very diplomatic, and with the higher types of Aries born this tactfulness will prove a great asset. It helps him in his friendships and will assist him to ingratiate himself into the favour of those who may be of help to him in his career.

Aries people should always try to acquire a greater breadth of vision. A great number of the hands of these people will have the space between the Heart and Head lines narrow, which indicates a rather narrow and selfish outlook. They are always inclined to view things from their own view point, and their horizon is limited by the material plane. These people should always try to view problems from the other man's point of view. They are resentful of restraint. Home ties particularly prove irksome, and invariably they strike out for themselves early in life. They are generally very conventional and resent adverse criticism and fear public opinion.

In love the Aries man is passionate and selfish, and if he should be unfaithful, he is unfaithful in a very conventional way.

Women of this sign are curiously independent where love is concerned. They are entirely unhampered by convention, and they are ruled entirely by their desires. The active Aries woman generally possesses a male type of Heart line; that is the Heart line which begins between the first and second fingers, sweeping down in a deep curve to the outer edge of the hand, and if there exists a well-marked Girdle of Venus with a supple thumb, impulsiveness plus emotional

responsiveness, will probably result in the production of many difficulties and dangers.

The low, undeveloped Aries type is a bully.

This sign, in ruling the material affairs of the native, is said to promise high position and success, but always with danger of reversal, and success is maintained only with difficulty.

The native generally marries very early or hurriedly, and the sign is adverse to happy marriage. There is always danger of divorce or separation.

The sign Aries favours success, particularly in the Army and the Law, in connection with mining or travel.

The physical characteristic of the Aries type is energy, and a great number of these people are tall, slim and muscular. Aries governs the Head, and there is always danger of diseases of a feverish nature. Periodic headaches due to some toxin are common among the Aries born.

The hands of these people generally show signs of a highly strung, nervous system, and the student should search carefully for any signs of digestive trouble—the sloping lines beneath the Heart line, coupled with malformations of the skin's ridges.

Although these people generally possess a high degree of nervous energy, they are not constitutionally strong, and there is always danger of nerve disease developing if they are subjected to any continuous strain.

Where the lines of the hand are numerous and deeply marked, with a resistance line clearly marked on the inside of the Life line, these people should be advised to conserve nerve energy.

Taurus

April 21st to May 21st

Taurus is symbolized by the Bull. All the indications of the sign are accentuated or weakened by planetary influences, which can only be ascertained by erecting a map, but the tendencies given here are common to the majority of those born during this period, and some of the signs show very wide variations of type, such as Aries; but Taurians, as a whole, are more consistent to the main type.

One of the most outstanding features of Taurus is their self-possession and their will-power, and even those whose hands have the supple type of thumb, indicating impulsiveness, show the top joint well developed and fairly thick, which indicates the degree of determination.

There is always the danger that Taurians are inclined to become dogmatic and obstinate. Opposition seems to infuriate them, and although they are slow to anger, they are equally slow to forget; and once their anger is really roused they are utterly unmanageable, and they are liable to harbour ill-feeling and a sense of resentment for a considerable time. In many ways they are very stolid and reliable, and they find it very difficult to acknowledge defeat. The fundamental stubbornness of their nature often proves one of their greatest assets, although it often produces many unnecessary difficulties. It is curious to notice that often in Taurian hands there are a number of changes indicated in the Fate line, which, on close examination, the facts will prove, were largely unnecessary.

The Taurian is apt to cause himself a great deal of trouble and inconvenience by a too determined resistance to opposition, and although they can, in a calm atmosphere and unopposed, be diplomatic and tactful, even to the point of being cunning, opposition rouses resentment, and they use methods that are too direct instead of employing the easier and slower diplomatic methods. Thus they create for themselves a great deal of unnecessary difficulty.

They are the most difficult of all people to persuade, and they will often wilfully close their eyes to obvious facts.

They are certainly warm-hearted and faithful. A great number of Taurians possess definite idealistic types of Heart lines, and their devotion, in the more passive types, can become doglike.

In the more active types of Taurians the Heart lines betray a much more physical tendency, and these people are inclined to be rather selfish in their physical demands. They are capable of great passion, but they respond to trust and love.

In all money matters they are generous, but not foolishly so. They are careful without being mean.

The Taurian is a person who has to be dealt with gently. It is no good trying to force them into any course of action. Forceful methods merely make them more obstinate.

The weakness of this sign is its lack of initiative. They are inclined to be conventional in their thought processes and actions, and although they may think a great deal, they very rarely act on their own.

It is said that this sign gives good parentage, particularly on the maternal side, and there are likely to be many changes of residence in the life

of the native. There is always danger of the death of the first born, particularly if it should be a son.

The early years of the lives of Taurians are apt to be very uncertain. Circumstances are difficult, but as life progresses the fortunes tend to become much more stabilized. There is always danger of quarrels affecting, adversely, the married life.

These people are generally fond of the open air. They can appreciate the beauties of nature, and they are often very painstaking with their gardens.

This sign is particularly conducive to success in science, literature and the teaching profession.

The physical characteristics of the Taurian are sturdiness of body. They generally have rather thick-set figures and breadth of shoulder. The lips are often full and voluptuous with a strong chin and square jaw. They give the appearance of a combined mildness, backed with a bull-like strength.

As a general rule these people have great powers of endurance, and they are remarkably insensitive to pain.

Taurus governs the throat, affecting also the heart, organs of generation and circulation. The hands of Taurians are likely to bear the long, narrow island sloping beneath the Heart line, which indicates throat weakness.

Stimulants should always be avoided by Taurians. Their energy and nervous activity is great enough to render any stimulant unnecessary. In the case of women born under this sign there is always danger of ovarian weakness. This draws attention to the marks on the Mount of Luna.

Gemini

May 22nd to June 20th

Gemini is symbolized by the Twins, which explains perfectly the main characteristics of those born under this sign.

These people are very willing, and mentally very flexible. They have marked adaptability, and invariably you will find that the fingers bend back away from the hand. This flexibility of the fingers betrays adaptability and flexibility of the mind.

Very rarely do you find in a Gemini hand any signs of a creative curve; the outer edge of these hands is straight. Yet they have the knack of appearing to be quite original, even creative, simply because they are able to perceive the relationships of all sorts of facts, which they are able to fit in and combine like pieces of a jig-saw puzzle to present a developed whole.

The mental lines in the hands of these people are often very broken or deeply indented. They are particularly susceptible to anxiety and nervous apprehension, and where the fingers are waisted it proves a marked tendency, in combination with an indented Head line, to worry over details. Small things annoy and irritate them. They are generally very quick-tempered, but anger never lasts for long.

In the majority of Gemini hands you will find a great number of very fine lines rising from the Life line and travelling upwards for a short space, but very rarely reaching any of the mounts. These fine, perpendicular lines from the Life line indicate efforts made to attain some objective, and where they fail

to reach any of the mounts, or to join with the Fate line, it proves that the objective has not been reached. The effort has failed. This is one of the great weaknesses of the sign, lack of concentration, a tendency to spread their interests over a great diversity of subjects. They try to have 'too many irons in the fire' at once, and with these indications in the hand you will invariably find that the Fate lines are broken or islanded, proving that this psychological defect has contributed to failure in a material sphere, and has produced anxiety.

They are often inventive, which is vastly different to being creative. The mind is quick and flexible, and in argument they are formidable opponents.

It is said that the United States of America is ruled by the sign Gemini. Certainly America is typical of the sign.

Very rarely are the people of this sign capable of any lasting affection. The Heart lines in these hands are apt to be short, often only beginning below the second finger under the Mount of Saturn. Gemini people seem to be incapable of giving, and love is merely a distraction. They find it both difficult and irksome to be serious.

It is said that this sign confers both poverty and wealth. The family of the native is generally a prosperous one, but the sign produces family disputes, and is liable to bring the native in direct opposition to the father.

There is generally trouble due to intrigues or illicit love affairs. The sign is particularly liable to produce trouble caused by women.

The sign is very favourable to success in the legal or clerical professions, in connection with the buying

and selling of real estate, and particularly favours success for those who adopt a profession rather than a trade.

The physical characteristics of the Gemini type is small, thin lips and a pale complexion.

This sign rules the chest, hands, arms, shoulders and nerve centres. In examining the hands of Gemini people you should always look for any signs of bronchial trouble, or any nerve disorders causing definite malformations of the Head line, which might indicate nerve trouble affecting the brain.

Cancer

June 21st to July 22nd

The sign Cancer is symbolized by the Crab, and rules the senses. The two types, the active and passive, are more widely variant under this sign than is the case with any of the other eleven.

Cancer people possess marked adaptability, and as with so many of the people born under Gemini, the fingers are flexible and bend back naturally away from the hand.

In the active type of Cancer subject the Head lines are generally thin and clear, and possess a definite downward curve, indicating an active vivid imagination, and this, combined with long, waisted fingers, produces an analytical faculty that can be very destructive, but, if also combined with a creative curve, can be constructive.

Note particularly the third finger, the Apollo finger, on the hands of Cancer subjects. Often this possesses a definite spatulate termination, which

betrays a dramatic faculty. Always the people of this sign appreciate the theatre and often possess some personal histrionic ability.

These people are also noted for the abnormally long first fingers and well-developed Mount of Jupiter beneath that finger, which betrays ambition. Cancer people have a definite love of wealth and position; they may even covet honours. They always seek fundamental causes. There is an inborn desire to know, and in the lower types of Cancer subjects this tendency degenerates to mere inquisitiveness, in which case the hand bears thin, waisted fingers; hands that resemble the claws of birds.

With the creative curve in the hand they are often original, but more often they adapt an old idea to a new setting.

The majority of the hands of these subjects are very finely lined hands. Both active and passive types are extremely sensitive to ridicule, and while they have no compunction in laughing at others, they resent being laughed at. This extremely high degree of emotional sensitivity tends to destroy the indications of the Head line.

The sign produces a love of sensation and emotion, which the hands often bear out. These people are extremely changeful; at times cautious to the extent of absurdity, at other times gay and romantic to the extent of foolishness.

The active subjects of this sign are always in danger of marrying hastily on a romantic impulse with the danger of regretting their impetuosity, but when well suited they can be faithful partners in marriage.

The passive type of Cancer subject is different.

The imaginative tendency still exists, but it is not romantic, merely stupidly sentimental, and there is a remarkable lack of moral stamina. A great many prostitutes are passive Cancer subjects. They are not really vicious or wicked, they merely lack forethought and originality, and the lack of moral stamina and the high degree of adaptability leads them to the blind acceptance of whatever circumstances may arise; and a great number of their more fortunate sisters who are happily married and who appear apparently domesticated and settled, are not to be relied upon. It is merely an illusion.

The passive type of this sign is too adaptable to new influences, and if circumstances place their affections temporarily under the domination of a powerful personality, they would leave home and children without compunction.

Invariably these subjects marry for security. They are definitely mercenary because self is their main consideration. The passive type is sensual rather than passionate.

Both types are hypersensitive and are very readily influenced by prevailing conditions. You will find that in a great number of these people colour determines their moods.

This sign is said to make it difficult for the native to acquire wealth, and there is always the danger of loss of an inheritance by the interference of relatives, or by some unfortunate love affair, and although the first part of the life is difficult, the latter years are generally fairly well stabilized.

This sign conduces to the premature death of either a brother or sister, but favours the children

of the native, who prove to be a comfort in the subject's latter years.

This sign gives providential protection, and the hands of these people often show many squares. Whatever difficulties may face them, circumstances always, seemingly, assist them, even at the last moment.

This sign is particularly conducive to private enterprise, intricate business negotiations and positions in the Civil Service, or other public offices.

The physical characteristic of this sign is rather a short body, and is conducive in the case of women to large breast development. There is always a tendency for the Cancer subject to become stout later in life. In the hands of these people, particular attention should be paid to the digestion. Invariably you will find signs of digestive weakness, and with a yellowish tinge of the skin, particularly on the Mount of Luna with a slight thickening of the lines in that particular part of the hand, it betrays a sluggish activity of the bowel.

Cancer rules the stomach, and indirectly affects the head and kidneys. A long-continued intestinal toxæmia would predispose the subject to tumours, and if, through excess, nervous vitality becomes depleted, there is danger of asthma, bronchitis or ulceration of the stomach.

Any extensive malformation of the ridges on the palmar pattern in the hands of these people betray some definite need for medical attention and treatment, indicating the existence of some bacterial infection.

Leo

July 23rd to August 22nd

The sign Leo is symbolized by the Lion, and is ruled by the Sun. This sign produces some of the most elevated and regal types of humanity, although it can produce some of the most tragic and bewildered people. The outstanding characteristics of the Leo born is a strong will, self-confidence, a frank and open nature tinged with a balanced degree of pride.

The hands of the Leo born generally bear thumbs that are well proportioned and definitely of a firm type; the first phalange being waisted, showing intelligence, the top joint rather long but fairly thick, showing will-power of a reasoned type. The thumb generally stands out away from the hand, showing independence of thought.

There is always the danger of pride upsetting psychological balance, and if the first finger is abnormally long, that is as long as the second, it produces a proud, dogmatic and rather tyrannical personality.

The natives of this sign are ambitious and persevering, but they are very easily discouraged, and if things do not go well they are inclined to make sudden changes.

They are quick-tempered, but anger never lasts for long, and they readily forgive injury.

You will find that a large proportion of the Leo born hands which you examine, will have long, tapering fingers, which are either pointed or sharply rounded at the tips. This indicates a definite ideal-

istic tendency, and always predisposes the subject to disappointment. They are inclined to expect too much of friends and of life generally. Leo is particularly conducive to the development of idealism, and an idealism which is not controlled or paralleled by reason, therefore, the native's perspective of life is apt to be out of material focus. Particularly is this true when the Heart line begins on the Mount of Jupiter, and runs in a fairly straight line to the outer edge of the hand.

These people are very generous, often too generous; and should their hands bear the supple type of thumb, impulsive generosity is very likely to cause them a great deal of trouble. They are apt to impulsively make unnecessary sacrifice for others. They find it extremely difficult to be mean and petty, even in the low types of the Leo born; they like to do things on a large scale.

There is a very strong poetically romantic streak in these people. They can appreciate the grandeur of nature; the beauty of mountains, moorland and sea, and in very artistic types, even when there is no creative ability present, the grandeur of nature appeals to them profoundly.

In love this sign conduces to loyalty and conventional procedure, and they can enshrine affection in an idealistic glamour, and they give fully of their affection; in fact, there is always danger that these people will spoil their partners. They are extraordinarily dependent on affection, and their success in life does depend to a very great extent upon praise and attention from an affectionate source.

In the low type of the Leo born this dependence on affection degenerates to a desire for worship, a vain-

glorious attitude, and they are inclined then to be tyrannical in the home.

The Leo born are extraordinarily versatile, but the sign is particularly conducive to success in connection with the drama, art, advertising and public offices, particularly if the latter involves travel.

This sign favours difficulty in the early years, often due to the premature death of the father. Twins are often born to the Leo native. There is danger to the marriage from friends. The lives of the Leo born are generally varied.

One of the outstanding physical characteristics of this sign is the hair, which is usually blonde or reddish. There is breadth of shoulder, with slenderness of hips.

In the low types of the Leo born the whole face and figure is heavy, presenting a pugnacious appearance.

Leo rules the heart, and indirectly affects the circulation and organs of generation. The Heart lines in the hands of the Leo born should be closely examined for breaks, which indicate heart attacks, or for any 'fluffiness' of this line, indicating 'nervy' heart action, particularly when the lines of the hand are fine and numerous, indicating a very high degree of nervous vitality.

There is always the danger that these people will place too great a strain on the vital forces of the body, producing nervous depletion. This sign is particularly conducive to dilation of the heart or its hypertrophy.

Virgo

August 23rd to September 22nd

The sign Virgo is symbolized by a Virgin holding ears of corn. The majority of the hands of the Virgo born possess long, squarish, waisted fingers, indicating active practical thought, while the Head line is long, clear and straight, indicating calculation and shrewdness. The sign Virgo endows the native with a clear, cool intelligence. These people are far-seeing and calculating, and often completely indifferent to others. They are astoundingly self-centred, and although they possess a strong sense of justice, it is not a justice that is tempered with mercy and understanding. They are impassive, cold and harsh in their treatment of others, and will not take into account extenuating factors and circumstances in passing judgement.

They can be faithful friends; they have a marked sense of loyalty, but they are hard masters, cold and unsympathetic, and they see to it that their servants give fully of the service for which they are paid.

There is a curious lack of proportion. Their perspective of life is unbalanced, or out of focus, as they always tend to give undue importance to small things; in fact they can be petty and tedious with detail to a most irritating degree.

The will-power is strong. Their thumbs are mainly of the firm type. They are very slow to anger, but they are extremely slow to forgive, particularly if the cause of anger should have hurt or offended their dignity. The Virgo born are very sensitive about dignity. Lacking as they mostly do, in

enthusiasm or emotionalism, they find dignity easy to maintain, and it gives them a pleasurable sense of satisfaction to remain dignified when others lose themselves and their dignity in gaiety or in sorrow.

Their love of order is apt to be irritating in its exactitude, and their outlook on life is restricted by their self-interest.

The Virgo born can rarely understand irrational human passion. Love in its passionate sense is ridiculous, and always tends to offend their dignity. They are ruled by logic and reason, to the point of being logically illogical.

They are excellent in Commerce, particularly any commercial enterprise where attention to detail is essential to success. They are thrifty and financially constructive.

In love the Virgo born are impossible partners for temperamental people, as they are not particularly affectionate in the true love sense; they are too self-centred. Their affectionate emotions are more parental in type, and they do make excellent parents.

In marriage they can be very successful so long as their partners do not demand any active demonstrations of affection.

Virgo born women are inclined to be house-proud, and attend assiduously to details of comfort; but any sort of orderly disorder, a cushion out of place, a book left on a chair, etc., would annoy them.

These people can talk well and entertainingly, and, apparently, logically.

They are practical and quick to see material advantage.

Suicide is common among the Virgo born as a logical way for them to end their difficulties.

Where the hands of these people show a minute cross under the end of the Head line, particularly if it is very straight, they are inclined to deceive themselves logically. They would refuse to see any facts but those which they particularly desired to see, and you must always impress upon these people the need to consider other people; the need to be sympathetic, more sacrificial, and less self-centred.

These people particularly will find how true it is that you get back what you give; in other words, "As ye sow, so shall ye reap." It is said that the closing years of the Virgo born are the most fortunate, particularly after forty years of age. Marriage is particularly conducive to material advancement.

As a rule there is little or no sympathy between the members of the family. There always exists danger of accidental death, particularly caused by animals. The first child of the native seldom lives to thirty years of age.

The love affairs are badly aspected in this sign, and in this direction there are generally many disappointments. Strife affects marriage, often caused by incompatibility of temperament.

This sign particularly favours success in banking or active business, but is not favourable to speculation or gambling.

One of the most noticeable of the physical characteristics of the Virgo born is the mouth, which is generally small and thin lipped. Often the body is ill-set, if not actually deformed in some way. Quite a number of giants and dwarfs are born under this sign.

Virgo rules the bowels, indirectly the lungs and the nervous system. In the hands of these people you should search very carefully for extensive mal-

formations of the ridges, particularly on the Mount of Luna, which betrays intestinal infections affecting the blood condition. These people are particularly subject to obscure degenerative illnesses, and if the lines of the hand are numerous and fine, indicating a 'highly strung' nervous system, there is always some danger of paralysis.

The general rule is that the actual lining of the hands is rather deep and broad, which indicates marked emotional repression, and this particularly predisposes to degenerative disease caused by faulty blood conditions.

Libra

September 23rd to October 22nd

The sign Libra is symbolized by the Scales. In considering the psychological indications of this sign it is significant to find that the sign is ruled by Venus.

The student of hands will find that, of all the signs, Libra will produce some of the most interesting and complex psychological studies.

As the United States of America is ruled by the sign Gemini, and typifies its influences, so are the indications and tendencies of Libra expressed by the Chinese, who are ruled by this sign.

The outstanding feature of Libra is courtesy, honesty and diplomacy, marked attributes of the Chinese. The Libra born are curious people; they are very frank and direct in their methods, but they are very kindly and sympathetic, and their frankness is always tempered with tact. They often have the ability to impress their listeners with their apparent

frankness. They can talk well and entertainingly, but they rarely give themselves away. They very rarely discuss their inmost thoughts, hopes and ideals. They invariably live inward secret lives of which their friends, and the world generally, knows nothing. They would use diplomatic persuasive methods in attaining their ends rather than forceful and more direct methods.

They are extremely sensitive and liable to be too easily influenced by prevailing conditions. The hand which bears the Girdle of Venus, with an impulsive supple type of thumb and an islanded Head line, betrays a very undecided, helpless person, the type of person who is at the mercy of circumstance.

The will-power is generally strong, but is always subject to sudden changes. There exists an impulsive element which can only be kept in check by an extraordinary development of the thumb, showing an unusually dominant will.

The minds of these people are very active and versatile, and they are very liable to waste energy and effort by becoming interested in too many studies at once.

Their greatest defect is indecision. The majority of these people have the forked formation of the Head line, which betrays balanced judgement, the ability to see more than one aspect to any question of importance; but if, as is often the case, Head and Life lines are tightly joined at their beginnings, the cautiousness which this formation betrays is likely to produce hesitancy and indecision. These people, when faced with any important problem, would endeavour to weigh too carefully the pros and cons of their difficulty with the result that they would

visualize many possibilities, thus producing the danger of becoming hesitant and undecided. You should always advise these people to make quick, but not impulsive, decisions.

Of all the signs, Libra people are the most interesting types from a sexual point of view; they are so sexually adaptable, in fact, thay have been called the 'experts of love.'

The majority of Libra hands possess well-balanced Heart lines; that is, there is a definite forked formation of the Heart line at its beginning, one fork starting between the first and second finger, the other fork, equal in length to the first, beginning on the Mount of Jupiter. This forked formation symbolizes the existence of the two types of sexuality, physical and mental, which are male and female. When the forked formations are equal in length, it betrays a definite bisexuality.

A great number of inverts are born under this sign, and if the companionships and environment of childhood are sexually wrong, it is quite easy for the Libra child to become a natural pervert. Particularly does this danger exist if the fingers betray adaptability.

The hands of many Libra born betray curious complexities affecting the love-life.

Very few sadists are born under this sign, which is averse to cruelty. The sign Libra favours small familiarities of the native, but the children are generally successful and helpful, or contribute to the happiness of the native in later life. The native generally comes of a large family, or the family circle is considerably increased by marriage.

The native generally has much to do with ordinary

people. His business or profession brings him in close touch with the masses.

This sign, giving as it does, a constructive mind, particularly favours all constructive work, such as building, engineering, decorative work, as well as navigation, chemistry and medicine.

One of the most outstanding physical characteristics of this sign is the skin, which is soft in texture, and pale or olive in colour.

The majority of the hands of the Libra born bear fine lines, or fairly deep lines which are few; this indicates ' wiriness ' of constitution.

Libra governs the loins, kidneys and ovaries, and indirectly affects the intestines and the knees.

Special attention should be paid to any minute perpendicular markings at the edge of the hand, beneath the Heart line, which indicate acidity due to faulty kidney action. This is more serious if there exists also any malformation of the skin's ridges.

Scorpio

October 23rd to November 21st

The sign Scorpio is symbolized by the Scorpion, and is ruled by Mars. The ruling planet signifies, as in the case of Libra, the outstanding characteristics of these people. They are pugnacious, quick and very inclined to rush unhesitatingly and impulsively into quarrels, particularly if the fingers are short and thick, with the finger nails squat and square. This type of finger nail betrays a pugnacious disposition.

The native of this sign loves nothing so much as

argument. Being naturally quarrelsome in disposition, he is easily provoked. His nature is that of an extremist. There is never any moderation in the Scorpio born; they are excessive in most things, and this often produces many dangers.

Invariably you will find that the fingers of the Scorpio born are waisted, which indicates a thoughtful and critical tendency. Mystery of any kind always intrigues the Scorpio born. He always searches for fundamental causes, and makes the finest research worker of all the signs. He is a born investigator, and once his mental attention is directed to any line of investigation, he will pursue it with undiminished energy to its end, even if the results of the investigations may prove unpleasant; even personally unpleasant. He possesses an enormous ability for facing facts. His investigations are always assisted by the disregard for the feelings of others. He is quite insensitive and careless of other people's needs. There is an innate selfishness, which in a way does give him strength.

He can be one of the most patient people in the world when he is interested, and will pursue his investigations relentlessly and patiently in spite of any obstacle or opposition.

He is selfish to the point of resenting, most violently, restraint. He is, however, always open to reason and to the logical persuasion of argument. Often these people possess fingers that are short, indicating quickness, and if they are coupled with a well-balanced Head line, this gives organization, the ability to visualize his plans and ideas.

The native of this sign is uncommunicative and suspicious. He is always searching for motives,

and even the kindnesses of his friends are looked upon with suspicion.

The executive and destructive abilities of the sign are strong. He treats money with great respect, and is thrifty to the point of meanness. A great many misers are born under this sign, and there is an enormous desire for power. The type of power desired is dependent on planetary influences. It may be the power that money gives, the power that comes with knowledge, or the power over people—the power of personality.

In all things the sign is excessive; in work, play or love, and in love the native is intensely passionate, and passionately selfish.

The women of this sign are desperate and implacable in their purpose. They will sacrifice husband, home and children without hesitation. In marriage all is well so long as the native gets all he wants, but if there is any opposition——?

The low type of Scorpio born is apt to be coarse, beast-like and criminal.

This sign confers a very jealous temperament.

The particular dangers of the sign are sexual excesses and drink. The intense restless energy of the Scorpio born makes him seek stimulation. The sign, Scorpio, is said to produce wealth, and confers many children on the native; often twins. There is always danger to the material life of the native from secret love affairs, and the native is likely to marry more than once.

This sign favours travel. There is always danger of a violent death.

The physical characteristics of these people is smallness of stature and slimness of figure, tending

at times to be squat and thick-set. The body is generally hardy and capable of endurance.

Scorpio rules the generative organs and the blood. Many hands of the Scorpio born bear signs of digestive weakness and the existence of bacterial toxins affecting the blood, which predisposes to various forms of ulceration. There is always danger of veneral disease due to sexual excess.

SAGITTARIUS

October 24th to December 22nd

The sign Sagittarius which is an inspirational sign, is symbolized by the Centaur shooting an arrow.

Of all people, Sagittarians are probably the most complex, and the hands of these people will provide the student with much food for thought and many interesting problems.

Invariably the fingers are short, with a thickened first phalange, which indicates intuition. Their likes and dislikes are most pronounced. Subconsciously these people are idealists. They are frank, honest, and generous; very ambitious for achievement. They have an intense desire to do something with their lives.

It is curious but true, that very few of the friends of the Sagittarian really understand him, as he possesses a complexity of characteristics that amounts to a dual personality. At times reckless and daring, but at the same time sensitive, impressionable, reticent and cautious. Sagittarians are extremely difficult people to understand. They are extra-

ordinarily versatile, and often become the masters of many branches of knowledge.

They possess a keen sense of justice, and they can be detached in their judgements. The mind of the Sagittarian is quick and clear. He reduces all problems to their simplest logical form, and he very readily assimilates new ideas and new modes of life. It is a reasoned adaptability rather than an emotional one.

Although he is apt to show signs of irritability, which is mainly due to restraint or the development of some uncertainty within himself, he also possesses a very strong sense of humour.

Very optimistic and youthful, youthfulness persisting well into maturity. He is generally gentle, kindly and sympathetic; but can be hard, even brutal, when stirred to self-defence.

The strength of Sagittarians is a mental strength, and these people can never work well in unsympathetic surroundings. They are extraordinarily sensitive to environment. There is always danger of the Sagittarian engaging in deceit in trying to avoid deception. They rarely engage in quarrels without very just cause, and will often yield their point rather than quarrel.

These people are born students and are fond of research. They can be clever and entertaining in conversation, and in argument are swift and accurate in thought.

The passions are numerous and ardent, but are controlled by reason. In marriage the Sagittarian cannot tolerate restriction or jealousy. They are lovers of nature and the open air.

One of their greatest weaknesses is their im-

patience. They always want to get things done quickly.

This sign particularly favours success in the law, religion, journalism and science.

The sign Sagittarius is not conducive to success in the early years of the life, which are generally difficult, and may be affected by the reversal of the fortunes of the parents. The success of the native depends upon personal effort. This sign gives very few brothers, which are apt to cause the native some anxiety.

The turning point in the life of the Sagittarian generally occurs about thirty-two years of age. While the sign produces many obstacles and difficulties, success is assured at the end.

The death of the native is likely to happen in a foreign country. There are generally two marriages, or some affair equal to a second marriage. One of the outstanding physical characteristics of the Sagittarian is the restless activity of the body. Sagittarians find it difficult to sit still for long.

The forehead is generally high; the hair growing well back from the temples. Sagittarius governs the hips, thighs, and indirectly the lungs and nervous system.

Invariably you will find in the hands of Sagittarians indications of a high degree of nervous energy. These people use more nervous energy per day than the people of any of the other signs.

The recuperative power is generally very great, and you will invariably find a well-marked resistance line on the inside of the Life line. There is always danger of rheumatic trouble or bronchitis.

Capricorn

December 23rd to January 19th

The sign Capricorn is symbolized by the Goat. One of the outstanding characteristics of this sign is ambition, and whatever profession or career is adopted by these people, they always endeavour to become outstandingly successful, and the general rule is that they are ultimately successful.

They possess a psychological factor that is definitely conducive to success in any sphere; this is persistency of purpose, and they are very capable of making enormous efforts towards the attainment of any desired object or position.

This persistency of purpose is betrayed in the hands by the Head and Heart lines being joined to form one clear line across the centre of the palmar surface.

It has often been said that this formation betrays the murderer; nothing of the sort. All human beings are potential criminals and murderers; but there is no reason why a person having great persistency of purpose should be more criminal in general tendency than the less wilful of his fellows. Determination in the majority of people is controlled by reason. Naturally, on a bad hand it would be very much more dangerous, as the subject would then go to any lengths to gain his (or her) own way.

Quite a number of these people are apt to make sudden changes of ambitious objective, and as they so persistently strive to obtain their objective, in those cases where these sudden changes of objective occur, it does result in a serious wastage of energy.

The native of this sign can be a staunch and loyal friend, but as an enemy he is apt to be dangerous, even revengeful and malicious. The people of this sign never forget an injury.

There is a tendency for the mind to be very conservative, and to work in set grooves. The native of the sign is very honest, meticulous where money is concerned; often they will go to great lengths to save a few coppers, while light-heartedly they will waste many shillings.

The native of Capricorn is noted for his frankness. His opinions are direct, he never bothers to temper an opinion with great tact, and if you ask his advice it will be given in a straightforward manner, and if you are afraid of the truth, do not seek the opinion of Capricorn.

It is probably this unusual frankness which is responsible for the native being extremely solitary. He seems to be incapable of building up any lasting friendships. There are few people who would be bothered to understand him, and there are fewer friendships still that would stand this brusque frankness.

In love the Capricorn born are inclined to be rather self-centred. There is a tendency for them to think only of their affections and their passions. They find it very difficult to realize the need for mutual harmony in love.

In marriage, he is rather successful. Having created a home, even if the atmosphere became tainted with some slight disharmonies, he would see no reason for breaking up a home that had been created and established. These people are incapable of being really jealous.

This sign is particularly conducive to success on the stage, in active business enterprise, medicine, surgery, or any business activities concerned with travel.

The sign Capricorn in its material aspect favours success created by personal effort.

The brothers and sisters of the native are inclined to cause anxiety or even strife. There are usually many journeys and voyages in the life of the native.

The sign does not favour harmony amongst relatives and the family generally. The marital life is a very important factor. There is always danger of some reversal in mature life, generally due to some foolish action of the native himself.

The complexion is generally of a leaden hue. Very rarely do you find a native of this sign with a very fresh complexion. The face is generally lean, and possesses little flesh, and often is much wrinkled.

Capricorn rules the bones and muscles; indirectly affects the stomach and kidneys. There is always danger of some nervous affection of the stomach, and you should closely examine the hands of these people for signs of digestive weakness. As this sign is also conducive to the production of acidity and rheumatic conditions generally, examine the hands for signs of acidity, and if the flesh at the base of the finger nails is of a bright reddish colour, it indicates a definite rheumatic or gouty tendency. As this sign rules the skeleton and body, planetary influences may produce deformities. There is always danger of intemperance. The native of this sign being so intense in his nature, and serious in his outlook, he is likely to be afflicted with depression, which he would seek to lighten with alcoholic stimulation.

It has been said that every person possesses a 'lucky' number. In considering the more superstitious aspect of hand reading, which is, of course, mainly connected with the indications of the Fate line, it is interesting to note that in many cases changes or important points in the life, as shown in the Fate line, coincide with the important years of the life ascertained astrologically, and which agree with the ruling planet of the life.

For example, a person born on the 2nd of February 1902, would probably be ruled by Venus, and the number 6, which is the planetary number, would also be the important number of the life.

Without going to the trouble of erecting an astrological map, it is comparatively easy to ascertain this number thus:

Put down the birth date in figures thus:

$$2/2/02 = 2 + 2 = 4 + 02 = 6$$

The planetary numbers are as follows:

SUN	1	URANUS	4	NEPTUNE	7
MOON	2	MERCURY	5	SATURN	8
JUPITER	3	VENUS	6	MARS	9

The planetary influences accentuate or modify the tendencies of the sign, and although the Sun rules the sign Leo, he can affect the native of any sign to modify or accentuate the tendencies of that particular sign.

SUN.

This planet gives pride to the nature, and produces the mental influences of generosity and a love of

display. The will-power is strong, producing mental self-confidence and an optimistic outlook. Where the Sun rules the native, there will be need to cultivate caution. Self-confidence in excess can produce rashness.

MOON.

The influence of this planet is unsettling, but not necessarily producing violent disturbances. It tends more to produce a restlessness, which is peaceful and not necessarily trouble-seeking. It gives marked adaptability to the native, producing mental versatility, but this must be controlled by directional reason, otherwise the energies and activities of the native are likely to be too diverse. It predisposes to a lack of concentration. The influence of this planet tends to create material change; the reflection of change predisposing psychological factors.

JUPITER.

Jupiter produces beneficial influences, and tends to decrease the malefic influence of any other threatening indications; it produces an element of 'providential protection.' It gives great force to the nature, and produces intensity of energy.

URANUS.

The influences of this planet is revolutionary; it produces thought and an analytical tendency of the mind, making the individual resentful of restraint and opposition. People under the influence of this planet are inclined to become very nervously apprehensive owing to the high degree of calculative

ability that is produced. This planet is always prominent in the horoscopes of research workers, or any who are engaged in any investigations.

MERCURY.

Mercury produces a very impressionable nature; sensitive and responsive. It produces a mind that is active and restless. Lack of concentration is generally a fault. An element of variety and change that is always essential to success and happiness. This planet affects the nervous system and produces great nerve activity, and health is dependent upon sleep and fresh air. There is always danger of nervous depletion.

VENUS.

The influence of this planet tends to produce a pleasure-loving nature, and makes the native select the line of least resistance. There is always danger of excess, particularly sexual excess. These people should never marry in haste as invariably they are subject to powerful fascinations that are purely sexual in character.

NEPTUNE.

The influence of Neptune is disruptive and restless. The native is inclined to be very uncertain, and is apt to make sudden changes of plan at the last moment. This planet produces rather an irresponsible type of nature, and is very conducive to the production of a delicate constitution and a highly strung nervous system. Worry and anxiety are to be avoided.

SATURN.

The influence of this planet is to produce difficulties and oppositions in the life, and the native must learn to be patient. It will often be found that the self-made man is ruled by Saturn, for the Saturnian is always thrifty and careful where money is concerned, but is inclined to hold a very narrow outlook on life. There is a tendency to be selfish and not too scrupulous.

MARS.

The planet Mars is fiery, and it produces a fiery, irascible nature, war-like and quarrelsome; although it can be cautious and generous, it will flare up at the least provocation. Mars' ruling predisposes the native to diseases of a feverish nature. It produces a quick and active mind. The native should always learn to think before he acts. These people are generally very impulsive, a fault they have to guard against.

These astrological indications are given merely for experimental observations to be made from the hands; it is not intended that the student should rely on these for actual information. The imprints that you take of hands will, in themselves, contain all the information that you require. My researches, extending over many years and involving the careful examination of some hundreds of thousands of human hands, have proved beyond all doubt that my claims for the value and importance of hand reading as a guide to success and health have not been over-

rated. The thousands of letters on my files prove the practical value of this study which is, one day, to revolutionize both psychology and medicine.

I make no defence of this practice of hand reading; it does not require any. The facts that it produces, the help it gives and the dangers that it is the means of averting, are defence enough. I am quite content to leave the facts to speak for themselves. I am also certain that this study will not only prove of personal profit, but will give much food for thought. The more that you know of hands, the more fascinating does Life become.

In closing, I would impress on you the need for patience; you will not be able to master such a vast science in a few hours, but you will, I am sure, be rewarded for whatever time you may spend in this study.

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